

## 10km Gesamtergebnis

gedruckt 19.01.2010 12:01:59

### Klassenübersicht

#### Klasse M30

| Platz | Startnr. | Name                    | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-------------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 1     | 5        | Goltsch, Tillmann       | 78 | DEU | bunert Team Dortmund          | 4      | 4   | 34:14   | 34:14   | 3,25   |
| 2     | 1427     | Schulte, Robert         | 78 | DEU | SG Wenden                     | 5      | 5   | 34:28   | 34:29   | 3,27   |
| 3     | 1362     | Czollmann, Pascal       | 78 | DEU | LG adesso                     | 14     | 14  | 36:25   | 36:26   | 3,39   |
| 4     | 1388     | Wolf, Dirk              | 76 |     | LT Bittermark Dortmund        | 22     | 23  | 37:17   | 37:19   | 3,44   |
| 5     | 1452     | Trapp, Stefan           | 79 | DEU | TSV Kirchlinde                | 26     | 27  | 37:42   | 37:46   | 3,46   |
| 6     | 1417     | Giese, Lars             | 76 | DEU | Ruhrnachrichten               | 32     | 34  | 38:30   | 38:33   | 3,51   |
| 7     | 1779     | Cöhnen, Thomas          | 79 | DEU |                               | 45     | 49  | 39:44   | 40:04   | 3,58   |
| 8     | 1439     | Lohkamp, Andreas        | 75 | DEU | TGH Wetter                    | 54     | 58  | 40:16   | 40:19   | 4,02   |
| 9     | 1658     | Lange, Nils             | 75 | DEU |                               | 58     | 62  | 40:22   | 40:24   | 4,02   |
| 10    | 1072     | Gutschank, Jens         | 79 | DEU | VHS Selm                      | 106    | 115 | 42:43   | 42:54   | 4,16   |
| 11    | 1521     | Kukla, Mathias          | 76 | DEU | *Dortmund                     | 116    | 126 | 43:08   | 43:17   | 4,19   |
| 12    | 1331     | Minschke, Daniel        | 79 | DEU | BSG Wilo                      | 123    | 134 | 43:20   | 43:39   | 4,20   |
| 13    | 1415     | Chmielewski, Daniel     | 79 | DEU | Ruhrnachrichten               | 138    | 149 | 44:02   | 44:24   | 4,24   |
| 14    | 1520     | Kuhlbusch, Alexander    | 79 | DEU | *Dortmund                     | 146    | 159 | 44:17   | 44:41   | 4,26   |
| 15    | 1237     | Meyer, Jens             | 75 | DEU | *Dortmund                     | 153    | 169 | 44:52   | 45:05   | 4,29   |
| 16    | 1760     | Moron, Jesus            | 76 | DEU | 1. Judogemeinschaft Dortmund  | 175    | 194 | 45:33   | 45:56   | 4,33   |
| 17    | 934      | Brüninghaus, Torge      | 75 | DEU | Nissan Autohaus Möller        | 181    | 200 | 45:40   | 45:54   | 4,34   |
| 18    | 1518     | Kooke, Jochen           | 75 | DEU | *Dortmund                     | 185    | 204 | 45:52   | 46:19   | 4,35   |
| 19    | 1346     | Onay, Yüksel            | 76 |     | KATH. ST.-JOHANNES-GESELL     | 194    | 215 | 46:16   | 46:23   | 4,38   |
| 20    | 1714     | Radon, Frank            | 75 | DEU | *Leverkusen                   | 198    | 219 | 46:31   | 46:48   | 4,39   |
| 21    | 1147     | Breiter, Sven           | 78 | DEU | *Essen                        | 206    | 228 | 46:42   | 47:32   | 4,40   |
| 22    | 1418     | Langrock, Matthias      | 77 | DEU | Ruhrnachrichten               | 208    | 230 | 46:45   | 47:06   | 4,41   |
| 23    | 823      | Kaminski, Michael       | 79 | DEU | FS 98                         | 211    | 233 | 46:48   | 47:04   | 4,41   |
| 24    | 1253     | Paßmann, Maik           | 75 | DEU | *Fröndenberg                  | 213    | 235 | 46:48   | 46:57   | 4,41   |
| 25    | 1806     | Stoltenberg, Andreas    | 76 | DEU |                               | 217    | 239 | 46:56   | 47:04   | 4,42   |
| 26    | 956      | Herzberg, Mike          | 75 | DEU | Ruhrnachrichten               | 218    | 240 | 46:56   | 47:15   | 4,42   |
| 27    | 919      | Raffel, Heiko           | 76 | DEU | LT Dr. Hasenbein              | 234    | 259 | 47:30   | 47:44   | 4,45   |
| 28    | 1778     | Nöhles, Viktor Benjamin | 79 | DEU |                               | 264    | 297 | 48:20   | 48:43   | 4,50   |
| 29    | 1246     | Niederastroth, Marcel   | 79 | DEU | *Holzwickede                  | 282    | 319 | 48:57   | 49:22   | 4,54   |
| 30    | 1630     | Bierbaum, Axel          | 75 | DEU |                               | 306    | 348 | 49:41   | 49:46   | 4,58   |
| 31    | 1139     | Becker, Jens            | 77 | DEU | *Duisburg                     | 312    | 357 | 49:53   | 49:57   | 4,59   |
| 32    | 953      | Dahmann, Sven           | 75 | DEU | Ruhrnachrichten               | 317    | 363 | 50:03   | 50:08   | 5,00   |
| 33    | 1746     | Niehaus, Nicole         | 75 | DEU | Asc 09                        | 329    | 380 | 50:31   | 51:01   | 5,03   |
| 34    | 800      | Krekeler, Jan           | 79 | DEU | Christ Camp Krefeld           | 337    | 395 | 50:56   | 51:10   | 5,06   |
| 35    | 938      | Palme, Rene             | 79 | DEU | Nissan Autohaus Möller        | 350    | 411 | 51:25   | 51:41   | 5,09   |
| 36    | 903      | Wiedemann, Thorsten     | 75 | DEU | Klöpper-Therm GmbH&Co. KG     | 353    | 415 | 51:32   | 52:01   | 5,09   |
| 37    | 1168     | Freitag, Stefan         | 77 | DEU | *Dortmund                     | 370    | 435 | 52:11   | 52:19   | 5,13   |
| 38    | 937      | Möller, Christian       | 77 | DEU | Nissan Autohaus Möller        | 383    | 453 | 52:30   | 52:44   | 5,15   |
| 39    | 869      | Nierhoff, Marc          | 78 |     | KATH. ST.-JOHANNES-GESELL     | 388    | 461 | 52:47   | 53:12   | 5,17   |
| 40    | 1277     | Schmidt, Sascha         | 75 | DEU | *Dortmund                     | 393    | 467 | 53:03   | 53:21   | 5,18   |
| 41    | 1776     | Pauls, Oliver           | 77 | DEU |                               | 394    | 469 | 53:15   | 53:17   | 5,20   |
| 42    | 794      | Kerstholt, Falko        | 77 | DEU | BSG Wilo                      | 399    | 479 | 53:28   | 53:53   | 5,21   |
| 43    | 851      | Kapica, Marek           | 78 |     | KATH. ST.-JOHANNES-GESELL     | 410    | 494 | 53:52   | 54:34   | 5,23   |
| 44    | 936      | Kemper, Patrick         | 76 | DEU | Nissan Autohaus Möller        | 412    | 497 | 53:59   | 54:14   | 5,24   |
| 45    | 1263     | Rasche, Oliver          | 77 | DEU | *Bochum                       | 424    | 517 | 54:19   | 54:54   | 5,26   |
| 46    | 1283     | Schwarz, Nicolai        | 75 | DEU | *Dortmund                     | 438    | 535 | 55:01   | 55:29   | 5,30   |
| 47    | 1671     | Kothe, Tim              | 79 | DEU | MC Fit                        | 447    | 550 | 55:23   | 55:48   | 5,32   |
| 48    | 1701     | Ghavani, Paviz          | 79 | DEU |                               | 457    | 563 | 55:50   | 56:07   | 5,35   |
| 49    | 1204     | Keller, Mathias         | 78 | DEU | *Dortmund                     | 460    | 568 | 55:58   | 56:06   | 5,36   |
| 50    | 891      | Wehrmann, Stefan        | 78 |     | KATH. ST.-JOHANNES-GESELL     | 469    | 584 | 56:54   | 57:20   | 5,41   |
| 51    | 1126     | Retkowski, Lutz         | 75 |     | Volkswahl Bund Versicherungen | 471    | 589 | 57:01   | 57:34   | 5,42   |
| 52    | 792      | Vogelsang, Till         | 79 | DEU | BSG Uhde                      | 472    | 590 | 57:02   | 57:30   | 5,42   |
| 53    | 1193     | Hörning, Christian      | 78 | DEU | *Lünen                        | 476    | 595 | 57:16   | 57:58   | 5,44   |
| 54    | 813      | Reick, Alexander        | 78 | DEU | DJK Dülmen Tri-Team           | 482    | 607 | 57:27   | 58:10   | 5,45   |
| 55    | 1226     | Mankiewicz, Thomas      | 75 | DEU | *Witten                       | 489    | 620 | 57:45   | 57:47   | 5,47   |
| 56    | 951      | Berkenfeld, André       | 76 | DEU | Ruhrnachrichten               | 490    | 623 | 57:51   | 57:57   | 5,47   |
| 57    | 1803     | Hamacher, Christian     | 77 | DEU |                               | 498    | 639 | 58:36   | 58:53   | 5,52   |
| 58    | 802      | Kaufmann, Christoph     | 79 | DEU | CK Running Nannhausen         | 505    | 650 | 59:03   | 59:41   | 5,54   |
| 59    | 1207     | Kipreos, Georgios       | 77 | DEU | *Ratingen                     | 510    | 657 | 59:24   | 59:27   | 5,56   |
| 60    | 1244     | Neuhaus, Stephan        | 79 | DEU | *Dortmund                     | 516    | 673 | 1:00:17 | 1:00:49 | 6,02   |
| 61    | 859      | Liebig, Martin          | 77 |     | KATH. ST.-JOHANNES-GESELL     | 520    | 684 | 1:01:01 | 1:01:46 | 6,06   |
| 62    | 1136     | Babin, David            | 75 | FRA | *Dortmund                     | 540    | 735 | 1:06:46 | 1:07:35 | 6,41   |
| 63    | 1006     | Krüger, Jessica         | 78 | DEU | Signal Iduna                  | 546    | 751 | 1:09:52 | 1:10:23 | 6,59   |

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#### Klasse M35

| Platz | Startnr. | Name                  | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|-----------------------|----|-----|-------------------------------|--------|-----|-------|--------|--------|
| 1     | 1796     | Franke, Hendrik       | 74 | DEU | LG Reinhardswald              | 7      | 7   | 35:03 | 00:00  | 3,30   |
| 2     | 1463     | Ockl, Alexander       | 73 | DEU | TUSEM Essen                   | 8      | 8   | 35:06 | 35:07  | 3,31   |
| 3     | 1404     | Hetmanski, Adam       | 70 | DEU | Marathon Mülheim              | 23     | 24  | 37:24 | 37:25  | 3,44   |
| 4     | 1445     | Nortzsch, Jens        | 72 | DEU | Tri-Geckos Dortmund           | 31     | 33  | 38:21 | 38:23  | 3,50   |
| 5     | 1438     | Winkler, Ingolf       | 72 | DEU | TG Neuss                      | 37     | 40  | 39:11 | 39:16  | 3,55   |
| 6     | 8        | Puchtinger, Stefan    | 70 | DEU | bunert Team Dortmund          | 39     | 43  | 39:23 | 39:27  | 3,56   |
| 7     | 1791     | Vollmer, Stefan       | 71 | DEU | Ruhrboss 03 e.V.              | 49     | 53  | 40:04 | 40:08  | 4,00   |
| 8     | 1634     | Paul, Thomas          | 71 | DEU | *Dortmund                     | 62     | 66  | 40:43 | 40:48  | 4,04   |
| 9     | 1766     | Blasey, Thomas        | 74 | DEU | Erler-Sportgemeinschaft e.V.  | 77     | 81  | 41:30 | 41:36  | 4,09   |
| 10    | 1767     | Blasey, Frank         | 71 | DEU | *Gelsenkirchen                | 84     | 89  | 41:46 | 41:53  | 4,11   |
| 11    | 1386     | Rüther, Frank         | 71 |     | LT Bittermark Dortmund        | 110    | 120 | 42:54 | 42:59  | 4,17   |
| 12    | 1543     | Weiß, Jürgen          | 70 | DEU | *Dortmund                     | 113    | 122 | 42:57 | 42:58  | 4,18   |
| 13    | 1662     | Wippid, Dirk          | 74 | DEU | LT Wischlingen Dortmund       | 124    | 135 | 43:22 | 43:43  | 4,20   |
| 14    | 1334     | Lutterkordt, Sascha   | 73 | DEU | Die Helden                    | 133    | 144 | 43:55 | 43:57  | 4,24   |
| 15    | 1326     | Mathiak, Jens         | 72 | DEU | BSG Uhde                      | 142    | 154 | 44:10 | 44:38  | 4,25   |
| 16    | 1538     | Strothmann, Jens      | 72 | DEU | *Dortmund                     | 150    | 164 | 44:43 | 44:52  | 4,28   |
| 17    | 975      | Tigges, Tobias        | 74 | DEU | Ruhrnachrichten               | 156    | 172 | 44:57 | 44:58  | 4,30   |
| 18    | 838      | Feik, Matthias        | 71 |     | KATH. ST.-JOHANNES-GESELL     | 158    | 174 | 44:58 | 45:10  | 4,30   |
| 19    | 1495     | Bak, Jörg             | 71 | DEU | www.allianz24.de              | 159    | 176 | 45:01 | 45:08  | 4,30   |
| 20    | 1793     | Schmidt, Oliver       | 71 | DEU | BSG Steag Lünen               | 173    | 192 | 45:33 | 45:52  | 4,33   |
| 21    | 1794     | Holzapfel, Michael    | 74 | DEU | holzi Evonik KW Lünen         | 174    | 193 | 45:33 | 45:52  | 4,33   |
| 22    | 1387     | Selleny, Dirk         | 71 |     | LT Bittermark Dortmund        | 182    | 201 | 45:42 | 45:59  | 4,34   |
| 23    | 1710     | Nagil, Gilbat         | 70 | DEU |                               | 191    | 212 | 46:12 | 46:24  | 4,37   |
| 24    | 1338     | Alt, Christian        | 74 | DEU | DJK Westfalia Kirchlinde      | 193    | 214 | 46:16 | 46:35  | 4,38   |
| 25    | 962      | Kuhles, Dominik       | 70 | DEU | Ruhrnachrichten               | 202    | 224 | 46:38 | 46:39  | 4,40   |
| 26    | 1665     | Böker, Olaf           | 70 | DEU | Lauffreff Stadtkrone Ost      | 205    | 227 | 46:39 | 46:43  | 4,40   |
| 27    | 811      | Poschmann, Dirk       | 74 | DEU | DEW21                         | 212    | 234 | 46:48 | 47:24  | 4,41   |
| 28    | 970      | Schmidt, Martin       | 70 | DEU | Ruhrnachrichten               | 220    | 242 | 47:02 | 47:05  | 4,42   |
| 29    | 1533     | Seck, Dr. Carsten     | 73 | DEU | *Dortmund                     | 229    | 251 | 47:17 | 47:37  | 4,44   |
| 30    | 1505     | Dumitroff, Dr. Mirco  | 72 | DEU | *Dortmund                     | 231    | 254 | 47:22 | 47:38  | 4,44   |
| 31    | 994      | Brost, Ingo           | 72 | DEU | Signal Iduna                  | 244    | 270 | 47:42 | 47:54  | 4,46   |
| 32    | 1322     | Bettac, Pierre        | 72 | DEU | BSG Continentale              | 246    | 272 | 47:43 | 47:48  | 4,46   |
| 33    | 888      | Tölle, David          | 70 |     | KATH. ST.-JOHANNES-GESELL     | 253    | 280 | 47:59 | 48:10  | 4,48   |
| 34    | 1152     | Cauvert, Frank        | 71 | DEU | *Dortmund                     | 254    | 281 | 47:59 | 48:05  | 4,48   |
| 35    | 1490     | Bauhaus, Stefan       | 70 |     | Volkswohl Bund Versicherungen | 256    | 285 | 48:03 | 48:19  | 4,48   |
| 36    | 872      | Redwanz, Markus       | 70 |     | KATH. ST.-JOHANNES-GESELL     | 276    | 313 | 48:46 | 49:15  | 4,53   |
| 37    | 964      | Laus, Jörg            | 71 | DEU | Ruhrnachrichten               | 278    | 315 | 48:49 | 48:56  | 4,53   |
| 38    | 849      | Johnson, Sam          | 74 |     | KATH. ST.-JOHANNES-GESELL     | 286    | 325 | 49:12 | 50:01  | 4,55   |
| 39    | 773      | Obst, Christian       | 72 | DEU | Adler Rauxel                  | 292    | 333 | 49:18 | 49:20  | 4,56   |
| 40    | 1280     | Schramm, Gordon       | 74 | DEU | *Dortmund                     | 295    | 336 | 49:20 | 50:00  | 4,56   |
| 41    | 1737     | Bentler, Dirk         | 71 | DEU | *Dortmund                     | 299    | 340 | 49:28 | 49:52  | 4,57   |
| 42    | 1053     | Bredibusch, Rainer    | 70 | DEU | TuS Brackel 1891 e.V          | 305    | 347 | 49:40 | 49:51  | 4,58   |
| 43    | 1191     | Holle, Bernhard       | 73 | DEU | *Limburg                      | 314    | 360 | 50:01 | 50:17  | 5,00   |
| 44    | 952      | Clasvogt, Daniel      | 73 | DEU | Ruhrnachrichten               | 318    | 364 | 50:04 | 50:09  | 5,00   |
| 45    | 778      | Sinn, Sebastian       | 74 | DEU | aus Unna                      | 321    | 370 | 50:17 | 50:33  | 5,02   |
| 46    | 1281     | Schröder, Carsten     | 74 | DEU | *Warstein                     | 335    | 392 | 50:51 | 50:56  | 5,05   |
| 47    | 920      | Rüther, Dieter        | 74 | DEU | LT Dr. Hasenbein Hagen        | 344    | 404 | 51:14 | 51:31  | 5,07   |
| 48    | 889      | Ulrich, Tim           | 71 |     | KATH. ST.-JOHANNES-GESELL     | 357    | 420 | 51:42 | 52:22  | 5,10   |
| 49    | 1017     | Schirrmeister, Stefan | 74 | DEU | Signal Iduna                  | 364    | 428 | 51:48 | 51:59  | 5,11   |
| 50    | 1687     | Ciklar, Cristian      | 71 | DEU |                               | 369    | 434 | 52:08 | 52:14  | 5,13   |
| 51    | 1307     | Werner, Jürgen        | 71 | DEU | *Mainz                        | 374    | 440 | 52:13 | 52:38  | 5,13   |
| 52    | 782      | Kapitza, Oliver       | 74 | DEU | BSG Deutsche-Nickel           | 380    | 450 | 52:25 | 53:11  | 5,15   |
| 53    | 935      | Keller, Dr. Paul      | 74 | DEU | Nissan Autohaus Möller        | 384    | 454 | 52:39 | 52:53  | 5,16   |
| 54    | 1704     | Grothe, Frank         | 73 | DEU |                               | 386    | 458 | 52:41 | 52:46  | 5,16   |
| 55    | 852      | Klaus, Oliver         | 73 |     | KATH. ST.-JOHANNES-GESELL     | 404    | 486 | 53:37 | 54:18  | 5,22   |
| 56    | 1255     | Pauls, Kai            | 74 | DEU | *Dortmund                     | 407    | 490 | 53:48 | 54:09  | 5,23   |
| 57    | 842      | Grompe, Torsten       | 71 |     | KATH. ST.-JOHANNES-GESELL     | 413    | 498 | 54:00 | 54:02  | 5,24   |
| 58    | 1810     | Arndt, Oliver         | 73 | DEU |                               | 423    | 516 | 54:19 | 54:28  | 5,26   |
| 59    | 844      | Gutowski, Thorsten    | 70 |     | KATH. ST.-JOHANNES-GESELL     | 426    | 520 | 54:28 | 55:01  | 5,27   |
| 60    | 1114     | Bücker, Heiko         | 71 |     | Volkswohl Bund Versicherungen | 430    | 524 | 54:38 | 55:01  | 5,28   |
| 61    | 896      | Peine, Marc           | 71 | DEU | Kinderlachen e.V.             | 440    | 537 | 55:07 | 55:52  | 5,31   |
| 62    | 1016     | Röstel, Carsten       | 70 | DEU | Signal Iduna                  | 451    | 557 | 55:42 | 56:17  | 5,34   |
| 63    | 1211     | Kratz, Edgar          | 70 | DEU | *Essen                        | 455    | 561 | 55:49 | 56:03  | 5,35   |
| 64    | 897      | Wübbecke, Falko       | 74 | DEU | Kinderlachen e.V.             | 465    | 575 | 56:31 | 57:29  | 5,39   |
| 65    | 1568     | Wlost, Markus         | 74 | D   | KATH. ST.-JOHANNES-GESELL     | 473    | 591 | 57:03 | 57:12  | 5,42   |
| 66    | 1735     | Hahn, Tobias          | 73 | DEU | LG Olympia Dortmund           | 479    | 601 | 57:22 | 57:30  | 5,44   |
| 67    | 1711     | Wolf, Oliver          | 70 | DEU | *Dortmund                     | 485    | 616 | 57:40 | 57:56  | 5,46   |
| 68    | 1241     | Mückenhoff, Dirk      | 71 | DEU | *Dortmund                     | 494    | 632 | 58:12 | 58:16  | 5,49   |
| 69    | 1259     | Poethig, Torsten      | 70 | DEU | *Dortmund                     | 497    | 637 | 58:31 | 59:06  | 5,51   |

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**Klassenübersicht**

**Klasse M35**

| Platz | Startnr. | Name            | JG | NAT | Verein/*Ort          | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-----------------|----|-----|----------------------|--------|-----|---------|---------|--------|
| 70    | 1257     | Pflaum, Stephan | 71 | DEU | *Dordmund            | 507    | 654 | 59:12   | 59:27   | 5,55   |
| 71    | 1575     | Slawski, Andre  | 73 | D   | RuhrNachrichten      | 518    | 675 | 1:00:20 | 1:00:29 | 6,02   |
| 72    | 1055     | Nölle, Thomas   | 70 | DEU | Tus Morbus Bechterew | 528    | 703 | 1:02:40 | 1:03:18 | 6,16   |

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### Klassenübersicht

#### Klasse M40

| Platz | Startnr. | Name                    | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|-------------------------|----|-----|-------------------------------|--------|-----|-------|--------|--------|
| 1     | 9        | Kamp, Mathias           | 68 | DEU | bunert Team Dortmund          | 12     | 12  | 35:59 | 36:00  | 3,36   |
| 2     | 1648     | Volmer, Mario           | 68 | DEU | LC Rapid Dortmund             | 15     | 15  | 36:26 | 36:28  | 3,39   |
| 3     | 1384     | Pavlic, Josh            | 66 |     | LT Bittermark Dortmund        | 16     | 16  | 36:32 | 36:35  | 3,39   |
| 4     | 1389     | Goepfert, Harald        | 65 | DEU | LT Brechten                   | 18     | 18  | 36:50 | 36:51  | 3,41   |
| 5     | 1444     | Fischer, Dr. Jens       | 67 | DEU | Tri-Geckos Dortmund           | 20     | 21  | 37:07 | 37:08  | 3,43   |
| 6     | 1320     | Gütinger, Dr. Christoph | 69 | DEU | BSG Bund Berlin               | 30     | 32  | 38:18 | 38:22  | 3,50   |
| 7     | 1781     | Schorlau, Rainer        | 68 | DEU | Marathon Soest                | 43     | 47  | 39:38 | 39:41  | 3,58   |
| 8     | 1789     | Maggiorelli, Claudio    | 67 | DEU | Bosch Rexroth Witten          | 47     | 51  | 40:02 | 40:07  | 4,00   |
| 9     | 1621     | Witte, Uwe              | 68 | D   |                               | 57     | 61  | 40:21 | 40:42  | 4,02   |
| 10    | 1780     | Henke, Thomas           | 69 | DEU | *Soest                        | 61     | 65  | 40:43 | 40:51  | 4,04   |
| 11    | 1078     | Scheidle, Dirk          | 68 | DEU | VHS Selm                      | 64     | 68  | 40:44 | 40:51  | 4,04   |
| 12    | 1443     | Adams, Lee              | 68 | GBR | Tri-geckos Dortmund           | 73     | 77  | 41:02 | 41:06  | 4,06   |
| 13    | 1464     | Weber, Jörg             | 65 | DEU | TV Flerke                     | 74     | 78  | 41:06 | 41:15  | 4,07   |
| 14    | 1541     | Wahle, Ansgar           | 65 | DEU | *Bochum                       | 78     | 82  | 41:34 | 41:48  | 4,09   |
| 15    | 979      | Dechange, Dr. Andre     | 67 | DEU | SFG Floratio                  | 79     | 83  | 41:35 | 41:38  | 4,10   |
| 16    | 1764     | Rückert, Thorsten       | 69 | DEU | Tri-Gecko's                   | 86     | 93  | 42:04 | 42:08  | 4,12   |
| 17    | 1536     | Seifert, Dr. Mathias    | 65 | DEU | *Dortmund                     | 95     | 103 | 42:26 | 42:39  | 4,15   |
| 18    | 1502     | Breiter, Stefan         | 67 | DEU | *Sprockhövel                  | 96     | 105 | 42:26 | 42:39  | 4,15   |
| 19    | 1468     | Berendes, Dirk          | 68 | DEU | VHS Selm                      | 97     | 106 | 42:27 | 42:38  | 4,15   |
| 20    | 1339     | Kernchen, Michael       | 69 | DEU | Dortmund                      | 98     | 107 | 42:28 | 42:36  | 4,15   |
| 21    | 1499     | Becker, Arno            | 68 | DEU | *Dortmund                     | 102    | 111 | 42:38 | 42:42  | 4,16   |
| 22    | 1479     | Haarmann, Andreas       | 67 | DEU | Viermärker Dortmund           | 114    | 123 | 42:59 | 43:09  | 4,18   |
| 23    | 1311     | Wiemers, Marcus         | 69 | DEU | *Dortmund                     | 121    | 132 | 43:17 | 43:21  | 4,20   |
| 24    | 1458     | Schadwill, Thomas       | 65 | DEU | TuS Iserlohn                  | 125    | 136 | 43:29 | 43:38  | 4,21   |
| 25    | 1676     | Vorwald, Peter          | 69 | DEU | Tus Scharnhorst Dort          | 136    | 147 | 44:00 | 44:08  | 4,24   |
| 26    | 1491     | Beger, Ulrich           | 67 |     | Volkswohl Bund Versicherungen | 137    | 148 | 44:01 | 44:14  | 4,24   |
| 27    | 1524     | Mann, Oliver            | 69 | DEU | *Herne                        | 140    | 151 | 44:06 | 44:19  | 4,25   |
| 28    | 1436     | Werner, Volker          | 67 | DEU | SV Derne                      | 144    | 156 | 44:15 | 44:21  | 4,26   |
| 29    | 1129     | Tocholski, Stephan      | 69 |     | Volkswohl Bund Versicherungen | 148    | 161 | 44:23 | 44:26  | 4,26   |
| 30    | 1707     | Liesche, Uwe            | 67 | DEU |                               | 163    | 180 | 45:08 | 45:24  | 4,31   |
| 31    | 1210     | Köhler, Martin          | 69 | DEU | *Dortmund                     | 166    | 183 | 45:16 | 45:27  | 4,32   |
| 32    | 1287     | Senfleben, Dr. Hartwig  | 65 | DEU | *Kierspe                      | 167    | 184 | 45:20 | 45:28  | 4,32   |
| 33    | 1474     | Markmann, Michael       | 69 | DEU | VHS Selm                      | 170    | 189 | 45:29 | 45:40  | 4,33   |
| 34    | 1500     | Behrens, Michael        | 67 | DEU | *Witten                       | 177    | 196 | 45:38 | 45:46  | 4,34   |
| 35    | 854      | Krause, Joachim         | 66 |     | KATH. ST.-JOHANNES-GESELL     | 178    | 197 | 45:38 | 45:51  | 4,34   |
| 36    | 846      | Hane, Klaus             | 65 |     | KATH. ST.-JOHANNES-GESELL     | 190    | 211 | 46:09 | 46:41  | 4,37   |
| 37    | 1493     | Wagener, Volker         | 66 |     | Volkswohl Bund Versicherungen | 199    | 220 | 46:32 | 46:44  | 4,39   |
| 38    | 1076     | Pfaff, Marco            | 65 | DEU | VHS Selm                      | 203    | 225 | 46:38 | 46:49  | 4,40   |
| 39    | 1368     | Surmann, Michael        | 67 | DEU | Literaturlinie                | 204    | 226 | 46:38 | 46:48  | 4,40   |
| 40    | 1471     | Köster, Peter           | 67 | DEU | VHS Selm                      | 207    | 229 | 46:44 | 46:55  | 4,40   |
| 41    | 1437     | Neumann, Olaf           | 65 | DEU | SVD Dortmund                  | 228    | 250 | 47:16 | 47:22  | 4,44   |
| 42    | 1462     | Sager, Burkhard         | 67 |     | Tus Westfalia Hombruch        | 236    | 261 | 47:33 | 47:36  | 4,45   |
| 43    | 993      | Bost, Thomas            | 68 | DEU | Signal Iduna                  | 237    | 262 | 47:33 | 47:34  | 4,45   |
| 44    | 834      | Emmerich, Torsten       | 69 |     | KATH. ST.-JOHANNES-GESELL     | 240    | 266 | 47:38 | 48:09  | 4,46   |
| 45    | 1351     | Hinz, Volker            | 66 | DEU | Klöpper-Therm GmbH&Co. KG     | 249    | 276 | 47:51 | 48:02  | 4,47   |
| 46    | 1795     | Tappe, Torsten          | 68 | DEU | LT Cappenberger See           | 251    | 278 | 47:59 | 48:18  | 4,48   |
| 47    | 1051     | Greve, Michael          | 65 | DEU | TSG Dülmen                    | 252    | 279 | 47:59 | 48:15  | 4,48   |
| 48    | 1066     | Brochtrup, Bernd        | 66 | DEU | VHS Selm                      | 267    | 300 | 48:23 | 48:26  | 4,50   |
| 49    | 799      | Nitsche, Stefan         | 67 | DEU | BV Hiltrop                    | 271    | 304 | 48:36 | 48:38  | 4,52   |
| 50    | 1261     | Prenzler, Thomas        | 68 | DEU | *Dortmund                     | 277    | 314 | 48:48 | 49:03  | 4,53   |
| 51    | 1132     | Engemann, Dirk          | 67 | DEU | Witten                        | 280    | 317 | 48:52 | 49:02  | 4,53   |
| 52    | 814      | Erbrich, Thomas         | 68 | DEU | DJK Ewaldi Aplerbeck          | 284    | 323 | 49:09 | 49:29  | 4,55   |
| 53    | 1383     | Olk, Berthold           | 66 | DEU | LT Bittermark Dortmund        | 287    | 326 | 49:12 | 49:21  | 4,55   |
| 54    | 1801     | Viola, Jörg             | 66 | DEU |                               | 288    | 327 | 49:13 | 49:37  | 4,55   |
| 55    | 1044     | Detroy, Frank           | 67 | DEU | SUS-Merklinde                 | 294    | 335 | 49:19 | 49:27  | 4,56   |
| 56    | 1248     | Noje, Olaf              | 66 | DEU | *Dortmund                     | 297    | 338 | 49:25 | 49:50  | 4,57   |
| 57    | 1738     | Walter, Holger          | 67 | DEU |                               | 298    | 339 | 49:28 | 49:52  | 4,57   |
| 58    | 1771     | Disselhoff, Mathias     | 65 | DEU | TUS Scharnhorst               | 307    | 349 | 49:42 | 49:57  | 4,58   |
| 59    | 995      | Burkhardt, Michael      | 67 | DEU | Signal Iduna                  | 311    | 356 | 49:52 | 49:57  | 4,59   |
| 60    | 1012     | Rautert, Roger          | 68 | DEU | Signal Iduna                  | 313    | 359 | 50:01 | 50:06  | 5,00   |
| 61    | 1428     | Güers, Andreas          | 69 |     | Signal Iduna                  | 315    | 361 | 50:02 | 50:20  | 5,00   |
| 62    | 1142     | Blind, Matthias         | 66 | DEU | *Dortmund                     | 320    | 369 | 50:12 | 50:38  | 5,01   |
| 63    | 1314     | Zimmer, Andreas         | 68 | DEU | *Dortmund                     | 331    | 383 | 50:35 | 50:43  | 5,04   |
| 64    | 901      | Rau, Holger             | 69 | DEU | Klöpper-Therm GmbH&Co. KG     | 334    | 391 | 50:50 | 51:18  | 5,05   |
| 65    | 1691     | Bonnenberg, Stefan      | 66 | DEU |                               | 339    | 399 | 51:06 | 51:28  | 5,07   |
| 66    | 1291     | Sorges, Thomas          | 66 | DEU | *Dortmund                     | 348    | 408 | 51:19 | 51:41  | 5,08   |
| 67    | 991      | Bay, Matthias           | 68 | DEU | Signal Iduna                  | 351    | 412 | 51:27 | 51:53  | 5,09   |
| 68    | 860      | Lindholz, Jens          | 69 |     | KATH. ST.-JOHANNES-GESELL     | 358    | 422 | 51:43 | 52:22  | 5,10   |
| 69    | 1249     | Oeppling, Arno          | 67 | DEU | *Bochum                       | 361    | 425 | 51:46 | 51:59  | 5,11   |

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gedruckt 19.01.2010 12:01:59

### Klassenübersicht

#### Klasse M40

| Platz | Startnr. | Name                    | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-------------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 70    | 1477     | Stricker, Karsten       | 68 | DEU | VHS Selm                      | 368    | 433 | 52:02   | 52:14   | 5,12   |
| 71    | 1172     | Goeke, Volker           | 65 | DEU |                               | 377    | 445 | 52:16   | 52:20   | 5,14   |
| 72    | 1182     | Heckmann, Thomas        | 66 | DEU | *Dortmund                     | 385    | 455 | 52:39   | 52:45   | 5,16   |
| 73    | 904      | Grigoleit, Thorsten     | 66 | DEU | Lass Jucken Kumpel            | 392    | 466 | 52:55   | 53:04   | 5,18   |
| 74    | 949      | Rink, Ludger            | 65 | DEU | reifen stiebling              | 395    | 471 | 53:21   | 53:33   | 5,20   |
| 75    | 1167     | Falk, Dr. Marcus        | 65 | DEU | *Dortmund                     | 396    | 473 | 53:21   | 53:42   | 5,20   |
| 76    | 1219     | Lindemann, Uwe          | 65 | DEU |                               | 397    | 474 | 53:24   | 53:46   | 5,20   |
| 77    | 1730     | Krauss, Oliver          | 66 | DEU | Stadtverwaltung Dortmund      | 406    | 489 | 53:43   | 53:59   | 5,22   |
| 78    | 958      | Homann, Kai U.          | 67 | DEU | Ruhrnachrichten               | 411    | 495 | 53:54   | 54:05   | 5,23   |
| 79    | 1165     | Emiliozzi, Sandro       | 66 | ITA | *Dortmund                     | 422    | 514 | 54:18   | 54:39   | 5,26   |
| 80    | 1297     | Todzei, Manfred         | 66 | DEU | *Dortmund                     | 431    | 525 | 54:42   | 54:43   | 5,28   |
| 81    | 832      | Bunzek, Ralf            | 69 |     | KATH. ST.-JOHANNES-GESELL     | 433    | 529 | 54:54   | 55:27   | 5,29   |
| 82    | 1042     | Schön, Christian        | 69 | DEU | STV Hombruch-Barop            | 434    | 531 | 54:55   | 55:29   | 5,30   |
| 83    | 899      | Demmer, Reinhold        | 69 | DEU | Klöpper-Therm GmbH&Co. KG     | 441    | 538 | 55:09   | 55:36   | 5,31   |
| 84    | 1530     | Sanders, Stefan         | 68 | DEU | *Stockelsdorf                 | 444    | 542 | 55:11   | 55:28   | 5,31   |
| 85    | 1216     | Kuhlmann, Dr. Christian | 68 | DEU | *Dortmund                     | 445    | 544 | 55:13   | 55:49   | 5,31   |
| 86    | 1703     | Vogler, Markus          | 66 | DEU |                               | 456    | 562 | 55:50   | 56:08   | 5,35   |
| 87    | 1702     | Vogler, Ralf            | 66 | DEU |                               | 458    | 564 | 55:51   | 56:07   | 5,35   |
| 88    | 882      | Schulenberg, Ludger     | 68 |     | KATH. ST.-JOHANNES-GESELL     | 463    | 572 | 56:20   | 57:02   | 5,38   |
| 89    | 786      | Frank, Christopher      | 65 | DEU | BSG Uhde                      | 470    | 587 | 56:56   | 57:27   | 5,42   |
| 90    | 1267     | Rösler, Stefan          | 69 | DEU | *Dortmund                     | 474    | 593 | 57:07   | 57:13   | 5,43   |
| 91    | 1232     | Mechnig, Dr. Michael    | 67 | DEU | *Dortmund                     | 477    | 597 | 57:16   | 57:46   | 5,44   |
| 92    | 914      | Wieprecht, Jens         | 68 | DEU | LT Bittermark                 | 478    | 599 | 57:21   | 57:45   | 5,44   |
| 93    | 839      | Flach, Daniel           | 69 |     | KATH. ST.-JOHANNES-GESELL     | 480    | 603 | 57:25   | 58:09   | 5,45   |
| 94    | 1205     | Kemmsies, Klaus         | 66 | DEU | *Dortmund                     | 493    | 626 | 57:56   | 58:32   | 5,48   |
| 95    | 1124     | Neumann, Christian      | 68 |     | Volkswohl Bund Versicherungen | 508    | 655 | 59:13   | 59:44   | 5,55   |
| 96    | 1133     | Abramowski, Frank       | 65 | DEU | *Dortmund                     | 525    | 696 | 1:01:53 | 1:02:06 | 6,11   |
| 97    | 847      | Herschel, Norbert       | 69 |     | KATH. ST.-JOHANNES-GESELL     | 527    | 700 | 1:02:18 | 1:02:31 | 6,14   |
| 98    | 932      | Rutz, Ingo              | 65 | DEU | Netzwerk Gesundheit e. V.     | 532    | 714 | 1:03:12 | 1:03:54 | 6,19   |
| 99    | 876      | Rudke, Mario            | 67 |     | KATH. ST.-JOHANNES-GESELL     | 537    | 727 | 1:04:58 | 1:05:41 | 6,30   |



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### Klassenübersicht

#### Klasse M45

| Platz | Startnr. | Name                     | JG | NAT | Verein/*Ort                  | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|--------------------------|----|-----|------------------------------|--------|-----|-------|--------|--------|
| 1     | 1359     | Kott, Georg              | 61 | DEU | LC Rapid Dortmund            | 9      | 9   | 35:14 | 35:15  | 3,31   |
| 2     | 1775     | Machutt, Thomas          | 61 | DEU | TSV Hagen 1860               | 17     | 17  | 36:43 | 00:00  | 3,40   |
| 3     | 1364     | Hein, Harald             | 60 | DEU | Lg Lust am Laufen Unna e. V. | 33     | 35  | 38:34 | 38:37  | 3,51   |
| 4     | 1635     | Splieth, Thomas          | 61 | DEU | LT Bittermark                | 34     | 36  | 38:49 | 38:52  | 3,53   |
| 5     | 1450     | Dillenhöfer, Ulrich      | 62 | DEU | TSV Kirchlinde               | 35     | 38  | 38:53 | 38:56  | 3,53   |
| 6     | 1805     | Badt, Henrik             | 62 | DEU | TuS Westfalia Hombruch       | 40     | 44  | 39:26 | 39:29  | 3,57   |
| 7     | 1397     | Miller, Neil .g          | 64 | GBR | Lt Wischlingen Dortmund      | 42     | 46  | 39:32 | 39:35  | 3,57   |
| 8     | 1748     | Kubny, Stefan            | 62 | DEU |                              | 46     | 50  | 39:47 | 39:50  | 3,59   |
| 9     | 1451     | Küpper, Ingo             | 64 | DEU | TSV Kirchlinde               | 48     | 52  | 40:03 | 40:07  | 4,00   |
| 10    | 1375     | Ermier, Ralf             | 61 | DEU | LT Bittermark Dortmund       | 52     | 56  | 40:08 | 40:10  | 4,01   |
| 11    | 1398     | Rosin, Andreas           | 64 | DEU | LT Wischlingen Dortmund      | 53     | 57  | 40:08 | 40:13  | 4,01   |
| 12    | 1446     | Geretshauer, Charly      | 62 | DEU | TRI-Team Hagen               | 55     | 59  | 40:17 | 40:22  | 4,02   |
| 13    | 1337     | Heimrath, Ralf           | 61 | DEU | DJK SuS Brambauer            | 56     | 60  | 40:20 | 40:26  | 4,02   |
| 14    | 1448     | Reinitz, Thomas          | 62 | DEU | TSC Eintracht Dortmund       | 70     | 74  | 40:54 | 41:04  | 4,05   |
| 15    | 1318     | Mooren, Thomas           | 61 | DEU | Biathlon BSV Aplerbeck       | 72     | 76  | 41:01 | 41:05  | 4,06   |
| 16    | 1529     | Röttger, Joachim         | 61 | DEU | *Mülheim                     | 75     | 79  | 41:17 | 41:24  | 4,08   |
| 17    | 1063     | Ahland, Joachim          | 64 | DEU | VHS Selm                     | 81     | 86  | 41:42 | 41:54  | 4,10   |
| 18    | 1523     | Lay, Bernd               | 63 | DEU | *Hagen                       | 85     | 91  | 41:48 | 42:13  | 4,11   |
| 19    | 1366     | Urbaniaik, Hans          | 64 | DEU | LGO Dortmund/TSC Eintracht   | 88     | 95  | 42:16 | 42:25  | 4,14   |
| 20    | 1758     | Kloos, Ralf              | 61 | DEU | Benfica Schwerte             | 90     | 97  | 42:21 | 42:28  | 4,14   |
| 21    | 1393     | Goeke, Meinolf           | 60 | DEU | LT Wischlingen Dortmund      | 104    | 113 | 42:40 | 42:52  | 4,16   |
| 22    | 1349     | Wunderlich, Dr. Johannes | 64 |     | KATH. ST.-JOHANNES-GESELL    | 105    | 114 | 42:42 | 42:45  | 4,16   |
| 23    | 1507     | Flügel, Thomas           | 61 | DEU | *Hamm                        | 107    | 116 | 42:49 | 42:53  | 4,17   |
| 24    | 1672     | Kayar, Mahmut            | 60 | DEU |                              | 108    | 117 | 42:50 | 42:58  | 4,17   |
| 25    | 1382     | Müller, Andreas          | 64 |     | LT Bittermark Dortmund       | 109    | 118 | 42:51 | 42:58  | 4,17   |
| 26    | 1394     | Kerstiens, Norbert       | 61 | DEU | LT Wischlingen Dortmund      | 118    | 128 | 43:09 | 43:20  | 4,19   |
| 27    | 1316     | Zdanowicz, Jan           | 62 | CAN | 1. FC Oberahr                | 122    | 133 | 43:19 | 43:22  | 4,20   |
| 28    | 1321     | Ahlert de Graat, Jörg    | 64 | DEU | BSG Continentale             | 135    | 146 | 43:59 | 44:04  | 4,24   |
| 29    | 1077     | Sado, Uwe                | 63 | DEU | VHS Selm                     | 154    | 170 | 44:53 | 45:00  | 4,29   |
| 30    | 1442     | Flore, Dr. Ingo          | 60 | DEU | Tri-Geckos                   | 160    | 177 | 45:01 | 45:09  | 4,30   |
| 31    | 1461     | Segers, Roland           | 64 | BEL | Tus Scharnhorst              | 164    | 181 | 45:10 | 45:13  | 4,31   |
| 32    | 1045     | Samarra, Dietmar         | 61 | DEU | TB Marterloh                 | 172    | 191 | 45:32 | 45:42  | 4,33   |
| 33    | 1265     | Richter, Herbert         | 64 | DEU | *Bochum                      | 176    | 195 | 45:35 | 45:39  | 4,34   |
| 34    | 1396     | Meyer, Thomas            | 63 | DEU | LT Wischlingen Dortmund      | 180    | 199 | 45:40 | 45:52  | 4,34   |
| 35    | 1374     | Drechsler, Hans-Jürgen   | 61 |     | LT Bittermark Dortmund       | 183    | 202 | 45:43 | 45:47  | 4,34   |
| 36    | 1747     | Höber, Volker            | 62 | DEU | TSV Kirchlinde               | 188    | 209 | 45:59 | 46:21  | 4,36   |
| 37    | 1503     | Compagno, Peter          | 63 | DEU | *Dortmund                    | 197    | 218 | 46:25 | 46:46  | 4,39   |
| 38    | 879      | Schenk, Martin           | 60 |     | KATH. ST.-JOHANNES-GESELL    | 214    | 236 | 46:49 | 46:54  | 4,41   |
| 39    | 1501     | Bogen, Detlef            | 61 | DEU | Tus Scharnhorst              | 223    | 245 | 47:07 | 47:14  | 4,43   |
| 40    | 1352     | Pachura, Frank           | 63 | DEU | Laufen-in-Dortmund.de        | 224    | 246 | 47:08 | 47:16  | 4,43   |
| 41    | 1489     | Müller, Michael          | 61 | DEU | ViermärkerWaldlaufGemeinscha | 226    | 248 | 47:11 | 47:20  | 4,43   |
| 42    | 1061     | Kehrbaum, Jörg           | 63 | DEU | Tus Westfalia Hombruch       | 235    | 260 | 47:31 | 47:34  | 4,45   |
| 43    | 1059     | Kampmann, Axel           | 64 | DEU | Tus Westfalia Hombruch       | 239    | 265 | 47:34 | 47:36  | 4,45   |
| 44    | 1260     | Pötter, Ralf             | 61 | DEU | *Dortmund                    | 245    | 271 | 47:43 | 47:45  | 4,46   |
| 45    | 978      | Wolny, Volker            | 60 | DEU | Ruhrnachrichten              | 257    | 287 | 48:04 | 48:06  | 4,48   |
| 46    | 1472     | Kuhne, Markus            | 61 | DEU | VHS Selm                     | 262    | 293 | 48:14 | 00:00  | 4,49   |
| 47    | 1728     | Engelbrecht, Ralf        | 64 | DEU | Stadt Dortmund               | 263    | 295 | 48:15 | 48:19  | 4,50   |
| 48    | 788      | Köhler, Steffen          | 63 | DEU | BSG Uhde                     | 265    | 298 | 48:22 | 48:44  | 4,50   |
| 49    | 1399     | Rösler, Andreas          | 62 | DEU | LT Wischlingen Dortmund      | 269    | 302 | 48:30 | 48:40  | 4,51   |
| 50    | 1229     | Marunga, Thilo           | 62 | DEU | *Dortmund                    | 273    | 308 | 48:39 | 49:08  | 4,52   |
| 51    | 874      | Rieks, Michael           | 63 |     | KATH. ST.-JOHANNES-GESELL    | 285    | 324 | 49:10 | 49:32  | 4,55   |
| 52    | 1209     | Koch, Volker             | 62 | DEU | *Dortmund                    | 289    | 329 | 49:16 | 49:41  | 4,56   |
| 53    | 1052     | Pawellek, Dieter         | 63 | DEU | TuRa-Rüdinghausen            | 290    | 331 | 49:18 | 49:22  | 4,56   |
| 54    | 1624     | Grebe, Thomas            | 62 | DEU | VWG                          | 291    | 332 | 49:18 | 49:38  | 4,56   |
| 55    | 1258     | Pieper, Hubert           | 63 | DEU | *Dortmund                    | 293    | 334 | 49:18 | 49:19  | 4,56   |
| 56    | 907      | Sohrweide, Kurt          | 64 | DEU | Laufteam DSW 21              | 296    | 337 | 49:22 | 49:41  | 4,56   |
| 57    | 784      | Dalhues, Klaus           | 63 | DEU | BSG Uhde                     | 300    | 341 | 49:30 | 49:52  | 4,57   |
| 58    | 1325     | Krolik, Thomas           | 60 | DEU | BSG Uhde                     | 310    | 355 | 49:51 | 50:14  | 4,59   |
| 59    | 969      | Mühlbauer, Heiko         | 64 | DEU | Ruhrnachrichten              | 325    | 374 | 50:22 | 50:33  | 5,02   |
| 60    | 831      | Bremshay, Michael        | 64 |     | KATH. ST.-JOHANNES-GESELL    | 327    | 377 | 50:24 | 50:52  | 5,02   |
| 61    | 826      | Rupieper, Thomas         | 60 | DEU | Hobby Läufer                 | 333    | 389 | 50:47 | 51:05  | 5,05   |
| 62    | 1102     | Müller, Volker           | 61 | DEU | Viermärker Dortmund          | 336    | 394 | 50:55 | 51:17  | 5,06   |
| 63    | 1062     | Lusts, Herbert           | 61 | DEU | TVG Kaiserau                 | 347    | 407 | 51:18 | 51:48  | 5,08   |
| 64    | 924      | Schmitt, Achim           | 62 | DEU | LT Wischlingen Dortmund      | 352    | 413 | 51:27 | 51:48  | 5,09   |
| 65    | 817      | Klos, Wolfgang           | 60 | DEU | DJK Ewaldi Aplerbeck         | 354    | 417 | 51:36 | 52:08  | 5,10   |
| 66    | 1184     | Heintzmann, Christian    | 64 | DEU |                              | 355    | 418 | 51:37 | 51:39  | 5,10   |
| 67    | 828      | Afhüppe, Michael         | 61 |     | KATH. ST.-JOHANNES-GESELL    | 359    | 423 | 51:43 | 52:15  | 5,10   |
| 68    | 1023     | Glatz, Frank             | 63 | DEU | Signla Iduna                 | 362    | 426 | 51:47 | 51:58  | 5,11   |
| 69    | 1345     | Csizmadia, Eugen         | 64 |     | KATH. ST.-JOHANNES-GESELL    | 363    | 427 | 51:47 | 52:01  | 5,11   |

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### Klassenübersicht

#### Klasse M45

| Platz | Startnr. | Name                   | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|------------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 70    | 1266     | Ringel, Hans-Dieter    | 63 | DEU | *Dortmund                     | 375    | 442 | 52:15   | 52:19   | 5,14   |
| 71    | 870      | Nitschke, Dr. Thorsten | 64 |     | KATH. ST.-JOHANNES-GESELL     | 378    | 447 | 52:18   | 52:42   | 5,14   |
| 72    | 1192     | Hollenbeck, Marcus     | 64 | DEU | *Iserlohn                     | 401    | 482 | 53:34   | 54:12   | 5,21   |
| 73    | 1212     | Krause, Achim          | 63 | DEU | *Schwerte                     | 402    | 483 | 53:35   | 54:12   | 5,22   |
| 74    | 1756     | Zimmermann, Tim        | 63 | DEU |                               | 417    | 505 | 54:09   | 54:30   | 5,25   |
| 75    | 1128     | Thillmann, Alfred      | 64 |     | Volkswahl Bund Versicherungen | 432    | 526 | 54:42   | 55:05   | 5,28   |
| 76    | 1188     | Hesse, Arnold          | 61 | DEU | *Dortmund                     | 436    | 533 | 54:56   | 55:06   | 5,30   |
| 77    | 1727     | Bernecker, Stefan      | 64 | DEU |                               | 439    | 536 | 55:04   | 55:22   | 5,30   |
| 78    | 892      | Wölfelschneider, Peter | 63 |     | KATH. ST.-JOHANNES-GESELL     | 443    | 541 | 55:10   | 55:39   | 5,31   |
| 79    | 1528     | Resch, Torsten         | 63 | DEU | *Dortmund                     | 453    | 559 | 55:47   | 56:08   | 5,35   |
| 80    |          | +cc+Broda, Holger      | 63 |     |                               | 462    | 571 | 56:17   | 56:36   | 5,38   |
| 81    | 1310     | Wiegard, Dirk          | 63 | DEU | *Dortmund                     | 466    | 578 | 56:33   | 57:12   | 5,39   |
| 82    | 871      | Pliquett, Lothar       | 64 |     | KATH. ST.-JOHANNES-GESELL     | 468    | 580 | 56:40   | 57:02   | 5,40   |
| 83    | 1233     | Menze, Bernhard        | 62 | DEU | *Dortmund                     | 481    | 604 | 57:26   | 57:28   | 5,45   |
| 84    | 841      | Grey, Kurt             | 60 |     | KATH. ST.-JOHANNES-GESELL     | 484    | 615 | 57:38   | 58:25   | 5,46   |
| 85    | 1189     | Heuchel, Helfried      | 61 | DEU | *Dortmund                     | 487    | 618 | 57:42   | 58:05   | 5,46   |
| 86    | 1021     | Sewarte, Udo           | 63 | DEU | Signal Iduna                  | 488    | 619 | 57:44   | 57:55   | 5,46   |
| 87    | 917      | Müller, Andreas        | 64 |     | LT Bittermark Dortmund        | 501    | 645 | 58:53   | 59:27   | 5,53   |
| 88    | 1245     | Neuhaus, Dietmar       | 61 | DEU | *Dortmund                     | 511    | 658 | 59:28   | 1:00:06 | 5,57   |
| 89    | 900      | Kratz, Peter           | 61 |     | Klöpffer-Therm GmbH&Co. KG    | 514    | 662 | 59:35   | 1:00:05 | 5,58   |
| 90    | 1626     | Fröse, Michael         | 61 | DEU |                               | 517    | 674 | 1:00:18 | 1:00:57 | 6,02   |
| 91    | 959      | Kiwit, Wolfram         | 61 | DEU | Ruhrnachrichten               | 519    | 676 | 1:00:21 | 1:00:33 | 6,02   |
| 92    | 977      | Wiczoreck, Bernhard    | 60 | DEU | Ruhrnachrichten               | 522    | 688 | 1:01:09 | 1:01:42 | 6,07   |
| 93    | 1294     | Strehl, Christian      | 60 | DEU | *Dortmund                     | 533    | 720 | 1:03:36 | 1:03:46 | 6,22   |
| 94    | 1254     | Paul, Andreas          | 61 | DEU | *Dordmund                     | 536    | 725 | 1:04:12 | 1:04:27 | 6,25   |
| 95    | 1268     | Rutz, Matthias         | 62 | DEU | *Dortmund                     | 542    | 738 | 1:07:00 | 1:07:44 | 6,42   |
| 96    | 1240     | Morton, Christopher    | 63 | IRL | *Dortmund                     | 544    | 747 | 1:09:08 | 1:09:40 | 6,55   |

## 10km Gesamtergebnis

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### Klassenübersicht

#### Klasse M50

| Platz | Startnr. | Name                    | JG | NAT | Verein/*Ort               | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-------------------------|----|-----|---------------------------|--------|-----|---------|---------|--------|
| 1     | 1340     | Schmelz, Detlef         | 57 | DEU | Dortmund                  | 21     | 22  | 37:15   | 37:16   | 3,44   |
| 2     | 1342     | Dombrowski, Leon        | 58 | DEU | Evonik-Team Dortmund      | 38     | 41  | 39:19   | 39:21   | 3,56   |
| 3     | 1790     | Anthes, Dietmar         | 56 | DEU | LC Rapid Dortmund         | 50     | 54  | 40:06   | 40:08   | 4,01   |
| 4     | 1379     | Lutz, Joachim           | 56 | DEU | LT Bittermark Dortmund    | 60     | 64  | 40:40   | 00:00   | 4,04   |
| 5     | 1367     | Brunsing, Jürgen        | 59 | DEU | LGO Dortmund/TVE Barop    | 67     | 71  | 40:49   | 40:53   | 4,05   |
| 6     | 1319     | Otto, Wilfried          | 56 | DEU | Biathlon BSV Aplerbeck    | 71     | 75  | 41:00   | 41:04   | 4,06   |
| 7     | 1390     | Griesbaum, Norbert      | 56 | DEU | LT Brechten Dortmund      | 92     | 100 | 42:24   | 42:26   | 4,14   |
| 8     | 1371     | Zülz, Manfred           | 56 | DEU | LT Bittermark             | 99     | 108 | 42:28   | 42:33   | 4,15   |
| 9     | 1504     | Dampe, Edmund           | 59 | DEU | *Dortmund                 | 101    | 110 | 42:38   | 42:40   | 4,16   |
| 10    | 1484     | Rasche, Michael         | 59 | DEU | Viermärker Dortmund       | 128    | 139 | 43:39   | 43:53   | 4,22   |
| 11    | 1570     | Pfalz, Ulrich           | 56 | DEU | TuS Scharnhorst           | 134    | 145 | 43:55   | 44:02   | 4,24   |
| 12    | 1377     | Hohnke, Jörg            | 58 |     | LT Bittermark Dortmund    | 139    | 150 | 44:05   | 44:09   | 4,25   |
| 13    | 1435     | Witt, Christian         | 59 | DEU | Stadt Dortmund            | 141    | 152 | 44:06   | 44:10   | 4,25   |
| 14    | 1456     | Gösmann, Wolfgang       | 58 | DEU | TUS Ickern                | 143    | 155 | 44:14   | 44:22   | 4,25   |
| 15    | 1531     | Schilling, Dr. Michael  | 56 | DEU | *Hamm                     | 165    | 182 | 45:13   | 45:21   | 4,31   |
| 16    | 1065     | Blacha, Hermann         | 58 | DEU | VHS Selm                  | 168    | 186 | 45:23   | 45:35   | 4,32   |
| 17    | 1455     | Gischarowski, Rainer    | 57 | DEU | TSV-Kirchlind             | 179    | 198 | 45:38   | 45:55   | 4,34   |
| 18    | 1131     | Dieckmann, Martin       | 58 | DEU | Waltroper LC 09           | 184    | 203 | 45:46   | 45:48   | 4,35   |
| 19    | 1441     | Bremer, Andreas         | 56 | DEU | Triathlon Team Witten     | 186    | 206 | 45:54   | 46:00   | 4,35   |
| 20    | 1341     | Mayer, Heinz Jürgen     | 59 | DEU | Evonik Team Dortmund      | 195    | 216 | 46:17   | 46:32   | 4,38   |
| 21    | 1792     | Witkowski, Thomas       | 59 | DEU | LT Cappenberger See       | 219    | 241 | 46:59   | 47:18   | 4,42   |
| 22    | 1487     | Weber, Olaf             | 59 | DEU | Viermärker Dortmund       | 225    | 247 | 47:08   | 47:22   | 4,43   |
| 23    | 1410     | Pache, Rüdiger          | 59 | DEU | MTT Dortmund              | 230    | 253 | 47:20   | 47:30   | 4,44   |
| 24    | 1333     | Ellmann, Reinhard       | 56 | DEU | currimus e.V. Schlangen   | 232    | 256 | 47:23   | 47:31   | 4,44   |
| 25    | 1743     | Görl, Edgar             | 56 | DEU | Karstadt Marathon team    | 247    | 273 | 47:43   | 47:49   | 4,46   |
| 26    | 1409     | Lindemann, Kalle        | 56 | DEU | Medisportlauf Dortmund    | 255    | 284 | 48:03   | 48:13   | 4,48   |
| 27    | 1669     | Heymann, Friedhelm      | 55 | DEU | *Dortmund                 | 258    | 288 | 48:05   | 48:29   | 4,49   |
| 28    | 965      | Liedtke, Thomas         | 59 | DEU | Ruhrnachrichten           | 260    | 291 | 48:11   | 48:15   | 4,49   |
| 29    | 1607     | Diethard, Siegemund     | 59 | D   | KATH. ST.-JOHANNES-GESELL | 275    | 311 | 48:42   | 48:46   | 4,52   |
| 30    | 1647     | Zarnitz, Peter          | 59 | DEU |                           | 279    | 316 | 48:51   | 49:29   | 4,53   |
| 31    | 791      | Nittka, Detlef          | 55 | DEU | BSG Uhde                  | 302    | 343 | 49:31   | 49:33   | 4,57   |
| 32    | 1087     | Bartel, Jürgen          | 55 | DEU | Viermärker Dortmund       | 303    | 345 | 49:33   | 49:55   | 4,57   |
| 33    | 785      | Economou, Theodor       | 55 | DEU | BSG Uhde                  | 316    | 362 | 50:02   | 50:30   | 5,00   |
| 34    | 1048     | Vierhaus, Detlev        | 59 | DEU | Team 4 Haus               | 326    | 376 | 50:23   | 50:26   | 5,02   |
| 35    | 1104     | Ramm, Michael           | 59 | DEU | Viermärker Dortmund       | 332    | 387 | 50:43   | 51:20   | 5,04   |
| 36    | 1238     | Michel, Klaus           | 55 | DEU | *Dortmund                 | 342    | 402 | 51:09   | 51:42   | 5,07   |
| 37    | 1220     | Link, Wolfgang          | 58 | DEU | *Dortmund                 | 360    | 424 | 51:46   | 52:11   | 5,11   |
| 38    | 906      | Lemke, Uwe              | 59 | DEU | Laufjunkie                | 371    | 437 | 52:11   | 52:25   | 5,13   |
| 39    | 1223     | Ludger, Schemmer        | 56 | DEU | *Dortmund                 | 372    | 438 | 52:12   | 52:28   | 5,13   |
| 40    | 1411     | Pawlowicz, Alfred       | 58 | DEU | MTT Dortmund              | 381    | 451 | 52:27   | 52:36   | 5,15   |
| 41    | 1290     | Smolka, Siegfried       | 58 | DEU | *Dortmund                 | 389    | 462 | 52:47   | 53:05   | 5,17   |
| 42    | 1639     | Würpel, Klaus           | 58 | DEU | Laufftreff Marienloh      | 391    | 464 | 52:50   | 53:16   | 5,17   |
| 43    | 835      | Evermann, Friedhelm     | 58 |     | KATH. ST.-JOHANNES-GESELL | 403    | 485 | 53:37   | 54:07   | 5,22   |
| 44    | 864      | Mendelin, Michael       | 57 |     | KATH. ST.-JOHANNES-GESELL | 408    | 492 | 53:51   | 54:21   | 5,23   |
| 45    | 1476     | Schweizer, Peter        | 59 | DEU | VHS Selm                  | 421    | 513 | 54:17   | 00:00   | 5,26   |
| 46    | 1627     | Dörmann, Hans-Heinrich  | 55 | DEU |                           | 425    | 518 | 54:20   | 54:34   | 5,26   |
| 47    | 1146     | Bräunig, Michael        | 58 | DEU | *Dortmund                 | 437    | 534 | 55:00   | 55:28   | 5,30   |
| 48    | 1008     | Lüdke, Olaf             | 59 | DEU | Signal Iduna              | 446    | 547 | 55:16   | 55:37   | 5,32   |
| 49    | 885      | Strathoff, Dirk         | 58 |     | KATH. ST.-JOHANNES-GESELL | 464    | 574 | 56:26   | 56:52   | 5,39   |
| 50    | 1625     | Abel, Michael           | 59 | DEU | VWG                       | 467    | 579 | 56:35   | 56:59   | 5,40   |
| 51    | 1622     | Horn, Sven              | 56 | DEU | Big-Horn-Bremer           | 492    | 625 | 57:56   | 58:03   | 5,48   |
| 52    | 1110     | Weigt, Hans-Jürgen      | 58 | DEU | Viermärker Dortmund       | 499    | 643 | 58:43   | 59:18   | 5,52   |
| 53    | 1576     | Geschwind, Uwe          | 56 | D   |                           | 500    | 644 | 58:50   | 59:37   | 5,53   |
| 54    | 1753     | Strähle, Axel           | 57 | DEU |                           | 503    | 648 | 58:56   | 59:21   | 5,54   |
| 55    | 1088     | Bijok, Thomas           | 57 | DEU | Viermärker Dortmund       | 506    | 653 | 59:10   | 59:47   | 5,55   |
| 56    | 1303     | Wegner, Olaf            | 58 | DEU | *Dortmund                 | 521    | 687 | 1:01:08 | 1:01:59 | 6,07   |
| 57    | 856      | Lehmann, Dieter         | 55 |     | KATH. ST.-JOHANNES-GESELL | 524    | 693 | 1:01:33 | 1:02:17 | 6,09   |
| 58    | 1101     | Middel, Dr. Stefan      | 59 | DEU | Viermärker Dortmund       | 526    | 697 | 1:01:56 | 1:02:12 | 6,12   |
| 59    | 1754     | Harpers, Frank          | 57 | DEU | *Dortmund                 | 530    | 709 | 1:02:52 | 1:03:14 | 6,17   |
| 60    | 1234     | Meschke, Jochen         | 58 | DEU | *Dortmund                 | 538    | 730 | 1:05:28 | 1:06:08 | 6,33   |
| 61    | 1274     | Schilling, Klaus Dieter | 59 | DEU | *witten                   | 541    | 737 | 1:06:56 | 1:07:41 | 6,42   |
| 62    | 1763     | Teupe, Hans-Joachim     | 58 | DEU | St. Johannes Gesellschaft | 545    | 748 | 1:09:13 | 1:09:58 | 6,55   |



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### Klassenübersicht

#### Klasse M55

| Platz | Startnr. | Name                     | JG | NAT | Verein/*Ort               | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|--------------------------|----|-----|---------------------------|--------|-----|---------|---------|--------|
| 1     | 1317     | Kandora, Marian          | 53 | DEU | ASV Iserlohn              | 27     | 28  | 37:46   | 37:47   | 3,47   |
| 2     | 1460     | Mazurek, Jürgen          | 52 | DEU | Tus Scharnhorst           | 51     | 55  | 40:08   | 40:10   | 4,01   |
| 3     | 1369     | Tews, Karl-Heinz         | 50 | DEU | LLG St. Augustin          | 69     | 73  | 40:51   | 40:58   | 4,05   |
| 4     | 1807     | Hilmer, Reinhold         | 52 |     | TV Bövinghausen           | 82     | 87  | 41:42   | 41:45   | 4,10   |
| 5     | 1402     | Degener, Peter           | 52 | DEU | Marathon Mülheim          | 87     | 94  | 42:10   | 42:18   | 4,13   |
| 6     | 1539     | Sundermann, Friedhelm    | 54 | DEU | *Dortmund                 | 117    | 127 | 43:08   | 43:15   | 4,19   |
| 7     | 1480     | Jung, Joachim            | 54 | DEU | Viermärker Dortmund       | 129    | 140 | 43:43   | 43:53   | 4,22   |
| 8     | 1485     | Rempel, Peter            | 51 | DEU | Viermärker Dortmund       | 161    | 178 | 45:02   | 45:16   | 4,30   |
| 9     | 1400     | Schubert, Jürgen         | 54 | DEU | LT Wischlingen Dortmund   | 187    | 208 | 45:58   | 46:10   | 4,36   |
| 10    | 1488     | Wietasch, Hans Jürgen    | 50 | DEU | Viermärker Dortmund       | 215    | 237 | 46:51   | 47:06   | 4,41   |
| 11    | 1709     | Moule, Klaus             | 52 | DEU |                           | 233    | 258 | 47:24   | 47:48   | 4,44   |
| 12    | 1744     | Grüner, Adalbert         | 50 | AUT | Non-Stop-Ultra            | 242    | 268 | 47:39   | 47:47   | 4,46   |
| 13    | 1773     | von Rüden, Franz         | 50 | DEU |                           | 250    | 277 | 47:58   | 48:04   | 4,48   |
| 14    | 1068     | Bürger, Bernd            | 54 | DEU | VHS Selm                  | 261    | 292 | 48:14   | 48:17   | 4,49   |
| 15    | 1785     | Sauer, Ulrich            | 53 | DEU | LTWitten Stockum          | 272    | 307 | 48:38   | 48:44   | 4,52   |
| 16    | 1724     | Merschhemke, Friedrich   | 52 | DEU | Stadt Dortmund            | 274    | 310 | 48:41   | 48:59   | 4,52   |
| 17    | 1715     | Wegener, Axel            | 54 | DEU |                           | 281    | 318 | 48:55   | 49:11   | 4,54   |
| 18    | 1054     | Grundmann, Alfred        | 52 | DEU | TuS Breckerfeld           | 301    | 342 | 49:31   | 49:39   | 4,57   |
| 19    | 1093     | Hittmeyer, Manfred       | 54 | DEU | Viermärker Dortmund       | 304    | 346 | 49:37   | 49:58   | 4,58   |
| 20    | 1716     | Gerlach, Reinhard        | 51 | DEU | Viermärker WKG Dortmund   | 308    | 350 | 49:43   | 49:53   | 4,58   |
| 21    | 1741     | Hake, Fritz              | 53 | DEU | Ski Team Ischgl           | 309    | 351 | 49:44   | 49:48   | 4,58   |
| 22    | 1347     | Schulze-Waltrup, Norbert | 53 |     | KATH. ST.-JOHANNES-GESELL | 324    | 373 | 50:21   | 50:48   | 5,02   |
| 23    | 1699     | Stark, Friedrich         | 50 | DEU | BVB Auggen                | 366    | 430 | 51:56   | 52:09   | 5,12   |
| 24    | 1206     | Kiessling, Hans-Ludwig   | 52 | DEU | *Dortmund                 | 367    | 431 | 51:59   | 52:04   | 5,12   |
| 25    | 1096     | Koepchen, Johannes       | 50 | DEU | Viermärker Dortmund       | 390    | 463 | 52:48   | 52:51   | 5,17   |
| 26    | 1003     | Höhbusch, Jürgen         | 54 | DEU | Signal Iduna              | 400    | 481 | 53:34   | 53:36   | 5,21   |
| 27    | 1073     | Klinke, Bodo             | 53 | DEU | VHS Selm                  | 405    | 487 | 53:40   | 53:47   | 5,22   |
| 28    | 867      | Nierhoff, Günther        | 50 |     | KATH. ST.-JOHANNES-GESELL | 409    | 493 | 53:52   | 54:21   | 5,23   |
| 29    | 1067     | Bröer, Franz             | 51 | DEU | VHS Selm                  | 414    | 499 | 54:01   | 54:10   | 5,24   |
| 30    | 1802     | Albrecht, Burkhard       | 53 | DEU | TTW Witten                | 429    | 523 | 54:35   | 54:43   | 5,28   |
| 31    | 1302     | Voß, Detlef              | 52 | DEU | *Dortmund                 | 448    | 552 | 55:29   | 55:52   | 5,33   |
| 32    | 780      | Kusch, Franz             | 54 | DEU | BSG - DSW 21              | 450    | 554 | 55:33   | 56:13   | 5,33   |
| 33    | 918      | Pankratow, Arnold        | 51 |     | LT Bittermark Dortmund    | 502    | 646 | 58:54   | 59:27   | 5,53   |
| 34    | 912      | Müller, Hans-Joachim     | 54 | DEU | LG Unna                   | 504    | 649 | 59:02   | 59:34   | 5,54   |
| 35    | 1094     | Hoffmann, Dieter         | 54 | DEU | Viermärker Dortmund       | 509    | 656 | 59:23   | 59:59   | 5,56   |
| 36    | 868      | Nierhoff, Ulrich         | 52 |     | KATH. ST.-JOHANNES-GESELL | 512    | 659 | 59:28   | 59:53   | 5,57   |
| 37    | 1170     | Frischholz, Hans         | 51 | DEU | *Schwerte                 | 531    | 711 | 1:03:11 | 1:04:00 | 6,19   |
| 38    | 1194     | Huneke, Michael          | 53 | DEU | *Dortmund                 | 535    | 723 | 1:04:04 | 1:04:19 | 6,24   |
| 39    | 942      | Schauff, Karl-Heinz      | 53 | DEU | Praxis am Wall            | 543    | 743 | 1:07:46 | 1:08:34 | 6,47   |

#### Klasse M60

| Platz | Startnr. | Name                  | JG | NAT | Verein/*Ort               | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|-----------------------|----|-----|---------------------------|--------|-----|-------|--------|--------|
| 1     | 1804     | Michels, Peter        | 49 | DEU | TSV Kirchlinde            | 162    | 179 | 45:05 | 45:11  | 4,31   |
| 2     | 1350     | Engelbert, Brüt       | 45 | DEU | Klöpper-Therm GmbH&Co. KG | 259    | 290 | 48:09 | 48:20  | 4,49   |
| 3     | 1392     | Franz, Werner         | 47 | DEU | LT Wischlingen Dortmund   | 268    | 301 | 48:25 | 48:38  | 4,51   |
| 4     | 921      | Teuber, Jörg-Peter    | 47 | DEU | LT Wischlingen Dortm      | 382    | 452 | 52:29 | 52:48  | 5,15   |
| 5     | 1696     | Dijkgraaf, Johan      | 48 | DEU |                           | 427    | 521 | 54:28 | 54:39  | 5,27   |
| 6     | 880      | Schmitz-Roden, Ulrich | 48 |     | KATH. ST.-JOHANNES-GESELL | 459    | 567 | 55:55 | 56:25  | 5,36   |
| 7     | 1203     | Kasper, Jürgen        | 49 | DEU | *Dortmund                 | 491    | 624 | 57:54 | 58:34  | 5,47   |

#### Klasse M65

| Platz | Startnr. | Name                  | JG | NAT | Verein/*Ort            | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|-----------------------|----|-----|------------------------|--------|-----|-------|--------|--------|
| 1     | 1465     | Frese, Wilfried       | 44 | DEU | TVE Do-Bodelschwing    | 119    | 129 | 43:13 | 43:20  | 4,19   |
| 2     | 1454     | Kalweit, Siegfried    | 42 | DEU | TSV Viktoria Mülheim   | 120    | 130 | 43:16 | 43:22  | 4,20   |
| 3     | 1378     | Körbitz, Werner       | 42 |     | LT Bittermark Dortmund | 169    | 188 | 45:29 | 45:32  | 4,33   |
| 4     | 1111     | Wichmann, Hans Gerold | 41 | DEU | Viermärker Dortmund    | 330    | 381 | 50:32 | 51:08  | 5,03   |
| 5     | 1108     | Stabenau, Horst       | 40 | DEU | Viermärker Dortmund    | 415    | 501 | 54:04 | 54:38  | 5,24   |
| 6     | 1208     | Klein, Christoph      | 41 | DEU | *Dortmund              | 449    | 553 | 55:29 | 56:06  | 5,33   |

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**Klassenübersicht**
**Klasse M70**

| Platz | Startnr. | Name             | JG | NAT | Verein/*Ort          | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|------------------|----|-----|----------------------|--------|-----|---------|---------|--------|
| 1     | 1360     | Wittig, Klemens  | 37 | DEU | LC Rapid Dortmund    | 83     | 88  | 41:45   | 41:45   | 4,11   |
| 2     | 1315     | Knauer, Erwin    | 36 | DEU | 1. FC Oberahr        | 196    | 217 | 46:23   | 46:30   | 4,38   |
| 3     | 1357     | Görtz, Rolf      | 38 | DEU | *Dortmund            | 209    | 231 | 46:46   | 46:57   | 4,41   |
| 4     | 1739     | Fotschki, Walter | 38 | DEU | TVA Dortmund Wickede | 248    | 275 | 47:48   | 47:57   | 4,47   |
| 5     | 945      | Brahmann, Bruno  | 36 | DEU | PV-Triathlon Witten  | 356    | 419 | 51:41   | 52:14   | 5,10   |
| 6     | 1225     | Maaske, Kurt     | 39 | DEU | *Waltrop             | 387    | 460 | 52:43   | 52:45   | 5,16   |
| 7     | 926      | Müller, Rüdiger  | 39 | DEU | Marathon Mülheim     | 442    | 540 | 55:10   | 55:31   | 5,31   |
| 8     | 1047     | Kuhl, Willi      | 37 | DEU | TC Lichtendorf       | 523    | 691 | 1:01:28 | 1:01:31 | 6,09   |

**Klasse M75**

| Platz | Startnr. | Name                    | JG | NAT | Verein/*Ort          | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|-------------------------|----|-----|----------------------|--------|-----|-------|--------|--------|
| 1     | 1736     | Schneiderbanger, Konrad | 33 | DEU | TSV Viktoria Mülheim | 323    | 372 | 50:19 | 50:22  | 5,02   |
| 2     | 1050     | Flügel, Ernst           | 30 | DEU | Teutonia Lanstrop    | 454    | 560 | 55:49 | 55:53  | 5,35   |

**Klasse M80**

| Platz | Startnr. | Name         | JG | NAT | Verein/*Ort  | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|--------------|----|-----|--------------|--------|-----|-------|--------|--------|
| 1     | 1043     | Krieg, Horst | 28 | DEU | SUS Oberaden | 343    | 403 | 51:09 | 51:10  | 5,07   |

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### Klassenübersicht

#### Klasse MHK

| Platz | Startnr. | Name                   | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|------------------------|----|-----|-------------------------------|--------|-----|-------|--------|--------|
| 1     | 11       | Schwiegelshohn, Fynn   | 88 | DEU | LG Olympia Dortmund           | 1      | 1   | 32:22 | 00:00  | 3,14   |
| 2     | 4        | Hövelmann, Philipp     | 83 | DEU | LG Olympia Dortmund           | 2      | 2   | 33:00 | 33:01  | 3,18   |
| 3     | 6        | Böhringer, Henrik      | 85 | DEU | LG Olympia Dortmund           | 3      | 3   | 33:42 | 33:44  | 3,22   |
| 4     | 1800     | Appelhans, Lukas       | 85 | DEU | SC Hagen-Wildewiese           | 6      | 6   | 34:42 | 34:42  | 3,28   |
| 5     | 1686     | Klauke, Ralf           | 80 | DEU | LAC Veltins Hochsauerland     | 10     | 10  | 35:29 | 35:30  | 3,33   |
| 6     | 10       | Hoyden, Simon          | 87 | DEU | LG Olympia Dortmund           | 11     | 11  | 35:47 | 35:49  | 3,35   |
| 7     | 1494     | Offermann, Christian   | 85 | DEU | Werne                         | 13     | 13  | 36:20 | 36:25  | 3,38   |
| 8     | 1453     | Trapp, Andreas         | 83 | DEU | TSV Kirchlinde                | 19     | 20  | 37:01 | 37:05  | 3,42   |
| 9     | 1799     | Brandenstein, Frederik | 80 | DEU |                               | 24     | 25  | 37:26 | 37:32  | 3,45   |
| 10    | 1786     | Hense, Jan             | 90 | DEU | VfL Bochum / LA               | 25     | 26  | 37:41 | 37:45  | 3,46   |
| 11    | 1343     | Abel, Frederik         | 89 | DEU | Gisbert-von-Romberg BK        | 28     | 29  | 37:55 | 37:56  | 3,48   |
| 12    | 1372     | Achenbach, Darian      | 86 |     | LT Bittermark Dortmund        | 29     | 31  | 38:08 | 38:11  | 3,49   |
| 13    | 1407     | Achenbach, Marwin      | 80 | DEU | Marathon Soest                | 36     | 39  | 38:59 | 39:02  | 3,54   |
| 14    | 1449     | Strauß, Danny          | 89 | DEU | TSG Fußball Herdecke          | 41     | 45  | 39:27 | 39:32  | 3,57   |
| 15    | 1765     | Zöllner, Johannes      | 88 |     | TSV 1863 Herdecke             | 44     | 48  | 39:39 | 39:45  | 3,58   |
| 16    | 14       | Gösmann, Raphael       | 86 | DEU | *Castrop-Rauxel               | 59     | 63  | 40:38 | 40:47  | 4,04   |
| 17    | 1508     | Gösmann, Josua         | 89 | DEU | *Castrop-Rauxel               | 63     | 67  | 40:44 | 40:53  | 4,04   |
| 18    | 1527     | Pawellek, Karsten      | 81 | DEU | *Bochum                       | 64     | 69  | 40:44 | 40:49  | 4,04   |
| 19    | 1640     | Marco, Krellmann       | 80 | DEU |                               | 66     | 70  | 40:45 | 40:49  | 4,04   |
| 20    | 1422     | Nagel, Rouven          | 89 | DEU | SG Dortmund                   | 68     | 72  | 40:50 | 40:51  | 4,05   |
| 21    | 1420     | Barg, Dominic          | 89 | DEU | SG Dortmund                   | 76     | 80  | 41:29 | 41:31  | 4,09   |
| 22    | 1425     | Palamito, Giuliano     | 89 | DEU | SG Dortmund                   | 80     | 84  | 41:38 | 41:39  | 4,10   |
| 23    | 1540     | Vogel, Daniel          | 80 | DEU | *Dortmund                     | 89     | 96  | 42:19 | 42:34  | 4,14   |
| 24    | 1424     | Nowak, Mathias         | 89 | DEU | SG Dortmund                   | 91     | 99  | 42:24 | 42:25  | 4,14   |
| 25    | 1412     | Gerber, Markus         | 82 | DEU | Raumplanerstammtisch n.e.V    | 93     | 101 | 42:25 | 42:30  | 4,15   |
| 26    | 1413     | Waldmüller, Johannes   | 83 | DEU | Raumplaner-Stammtisch n.e.V.  | 94     | 102 | 42:25 | 42:30  | 4,15   |
| 27    | 1774     | Stumpe, Michael        | 00 | DEU | *Menden                       | 100    | 109 | 42:29 | 42:34  | 4,15   |
| 28    | 1546     | Wittkamp, Jan          | 81 | DEU | *Köln                         | 103    | 112 | 42:39 | 42:59  | 4,16   |
| 29    | 1664     | Pekel, Pascal          | 95 | DEU | TSC Eintracht                 | 110    | 119 | 42:54 | 43:04  | 4,17   |
| 30    | 1740     | Strothmann, Laurenz    | 93 | DEU |                               | 112    | 121 | 42:57 | 43:14  | 4,18   |
| 31    | 1498     | Baumann, Helge         | 84 | DEU | *Bochum                       | 115    | 125 | 43:07 | 43:15  | 4,19   |
| 32    |          | Schülken, Maik         | 82 | DEU | *Dortmund                     | 126    | 137 | 43:31 | 43:37  | 4,21   |
| 33    | 1783     | Riechers, Jörg         | 84 | DEU |                               | 127    | 138 | 43:39 | 44:01  | 4,22   |
| 34    | 1725     | Päsler, Christian      | 88 | DEU | Stadt Dortmund                | 130    | 141 | 43:44 | 44:04  | 4,22   |
| 35    | 1470     | Klostermann, Kevin     | 89 | DEU | VHS Selm                      | 131    | 142 | 43:46 | 43:52  | 4,23   |
| 36    | 1519     | Kramer, Frederik       | 80 | DEU | *Dortmund                     | 132    | 143 | 43:53 | 44:08  | 4,23   |
| 37    | 1698     | Wötzel, André          | 83 | DEU |                               | 145    | 158 | 44:17 | 44:30  | 4,26   |
| 38    | 1772     | von Rüden, Christian   | 81 | DEU |                               | 147    | 160 | 44:21 | 44:27  | 4,26   |
| 39    | 1004     | Klöcker, Timo          | 80 | DEU | Signal Iduna                  | 149    | 162 | 44:38 | 45:20  | 4,28   |
| 40    | 1534     | Seefeldt, Jan          | 80 | DEU | *Dortmund                     | 151    | 165 | 44:43 | 44:58  | 4,28   |
| 41    | 1125     | Redkov, Roman          | 88 |     | Volkswohl Bund Versicherungen | 152    | 166 | 44:45 | 45:32  | 4,29   |
| 42    | 985      | Ost, Kevin             | 89 | DEU | SG Dortmund                   | 155    | 171 | 44:56 | 44:57  | 4,30   |
| 43    | 1049     | Joachim Meyer, David   | 86 | DEU | Team Sebamed                  | 157    | 173 | 44:58 | 45:03  | 4,30   |
| 44    | 807      | Obermeier, Tim         | 89 | DEU | Cuno Berufskolleg Hagen       | 171    | 190 | 45:31 | 45:40  | 4,33   |
| 45    | 1723     | Leisemann, Jan         | 88 | DEU | Stadt Dortmund                | 189    | 210 | 46:08 | 46:25  | 4,37   |
| 46    | 1423     | Nagel, Aaron           | 89 | DEU | SG Dortmund                   | 192    | 213 | 46:15 | 46:17  | 4,38   |
| 47    | 1718     | Neubauer, Thomas       | 80 | DEU | AIE Witten                    | 200    | 221 | 46:32 | 46:51  | 4,39   |
| 48    | 1526     | Paschen, Marius        | 82 | DEU | *Dortmund                     | 201    | 223 | 46:35 | 46:39  | 4,40   |
| 49    | 1514     | Kiessling, Tim D.      | 86 | DEU | *Dortmund                     | 210    | 232 | 46:47 | 46:58  | 4,41   |
| 50    | 808      | Heinrich, Markus       | 89 | DEU | Cuno-Berufskolleg Hagen       | 216    | 238 | 46:55 | 47:04  | 4,42   |
| 51    | 1511     | Ingendorf, Andreas     | 86 | DEU | *Gladbeck                     | 221    | 243 | 47:03 | 47:14  | 4,42   |
| 52    | 1513     | Kiessling, Jan M.      | 88 | DEU | *Dortmund                     | 222    | 244 | 47:05 | 47:15  | 4,43   |
| 53    | 983      | Möller, Tim            | 89 | DEU | SG Dortmund                   | 227    | 249 | 47:15 | 47:17  | 4,44   |
| 54    | 1416     | Cläßen, Daniel         | 80 | DEU | Ruhrnachrichten               | 238    | 264 | 47:34 | 47:53  | 4,45   |
| 55    | 806      | Kleinen, Marian        | 89 | DEU | Cuno Berufskolleg Hagen       | 241    | 267 | 47:39 | 47:50  | 4,46   |
| 56    | 1548     | Zeitvogel, Patrick     | 85 | DEU | *Bochum                       | 243    | 269 | 47:41 | 48:06  | 4,46   |
| 57    | 890      | Weckelmann, Kai        | 87 |     | KATH. ST.-JOHANNES-GESELL     | 266    | 299 | 48:23 | 48:53  | 4,50   |
| 58    | 1046     | Zöllner, Sebastian     | 87 | DEU | TC GW Frohlinde               | 270    | 303 | 48:35 | 48:38  | 4,52   |
| 59    | 1324     | Bartel, Graham         | 83 | DEU | BSG Uhde                      | 283    | 321 | 49:01 | 49:21  | 4,54   |
| 60    | 809      | Janz, Marvin           | 89 | DEU | Cuno-Berufskolleg Hagen       | 319    | 365 | 50:08 | 50:18  | 5,01   |
| 61    | 1251     | Otto, Dennis           | 87 | DEU | *Dortmund                     | 322    | 371 | 50:19 | 50:34  | 5,02   |
| 62    | 1694     | Hellmich, Nils         | 92 | DEU |                               | 328    | 379 | 50:29 | 50:40  | 5,03   |
| 63    | 1751     | Richter, Simon Ullrich | 85 | DEU |                               | 338    | 396 | 50:59 | 51:06  | 5,06   |
| 64    | 1713     | Chaffraix, Julien      | 85 | DEU |                               | 340    | 400 | 51:06 | 51:20  | 5,07   |
| 65    | 1421     | Husemann, Moritz       | 89 | DEU | SG Dortmund                   | 341    | 401 | 51:08 | 51:12  | 5,07   |
| 66    | 948      | Preukschat, Sven Colin | 84 | DEU | Rasierte Haxe Aplerbeck       | 345    | 405 | 51:15 | 51:52  | 5,08   |
| 67    | 883      | Siegemund, Marcel      | 86 |     | KATH. ST.-JOHANNES-GESELL     | 346    | 406 | 51:17 | 51:21  | 5,08   |
| 68    | 1742     | Hake, Axel             | 89 | DEU | Ski Team Ischgl               | 349    | 409 | 51:23 | 51:28  | 5,08   |
| 69    | 1025     | Loges, Christian       | 82 | DEU | Sparkasse Dortmund            | 365    | 429 | 51:54 | 52:24  | 5,11   |

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### Klassenübersicht

#### Klasse MHK

| Platz | Startnr. | Name                | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|---------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 70    | 1157     | Deters, Jan Philipp | 83 | DEU | *Dortmund                     | 373    | 439 | 52:12   | 52:27   | 5,13   |
| 71    | 1171     | Goeke, Yannick      | 89 | DEU |                               | 376    | 443 | 52:16   | 52:19   | 5,14   |
| 72    | 1221     | Lörcher, Daniel     | 85 | DEU | *Dortmund                     | 379    | 448 | 52:18   | 53:08   | 5,14   |
| 73    | 1633     | Emsinghoff, Udo     | -1 | DEU |                               | 398    | 475 | 53:26   | 53:47   | 5,21   |
| 74    | 1757     | Wilk, David         | -1 | DEU |                               | 416    | 503 | 54:07   | 54:29   | 5,25   |
| 75    | 1185     | Heitkamp, Benedikt  | 89 | DEU | *Dortmund                     | 418    | 506 | 54:09   | 54:19   | 5,25   |
| 76    | 1574     | Blass, Constantin   | 81 | D   | RuhrNachrichten               | 419    | 508 | 54:10   | 54:18   | 5,25   |
| 77    | 1284     | Schwarz, Andreas    | 84 | DEU | *Dortmund                     | 420    | 510 | 54:11   | 54:18   | 5,25   |
| 78    | 1149     | Brockmann, Frank    | 88 | DEU | *Dortmund                     | 428    | 522 | 54:29   | 54:35   | 5,27   |
| 79    | 1112     | Wietasch, Andreas   | 83 |     | Viermärker Dortmund           | 435    | 532 | 54:55   | 55:32   | 5,30   |
| 80    | 1228     | Marrek, Sascha      | 85 | DEU | *Dortmund                     | 452    | 558 | 55:45   | 55:56   | 5,35   |
| 81    | 810      | Zdziarek, Herbert   | 89 | DEU | Cuno-Berufskolleg Hagen       | 461    | 569 | 56:02   | 56:09   | 5,36   |
| 82    | 1282     | Schulz, Philipp     | 82 | DEU | *Dortmund                     | 475    | 594 | 57:09   | 57:48   | 5,43   |
| 83    | 1007     | Kubata, Daniel      | 84 | DEU | Signal Iduna                  | 483    | 614 | 57:38   | 57:56   | 5,46   |
| 84    | 1712     | Geißen, Tim         | 82 | DEU |                               | 486    | 617 | 57:42   | 57:56   | 5,46   |
| 85    | 1183     | Heiber, Christoph   | 83 | DEU | *Werne                        | 495    | 633 | 58:27   | 58:45   | 5,51   |
| 86    | 1195     | Huneke, Jan         | 85 | DEU | *Dortmund                     | 496    | 635 | 58:28   | 58:42   | 5,51   |
| 87    | 963      | Kurz, Mario         | 80 | DEU | Ruhrnachrichten               | 513    | 661 | 59:32   | 59:40   | 5,57   |
| 88    | 830      | Becker, Stephan     | 81 |     | KATH. ST.-JOHANNES-GESELL     | 515    | 667 | 59:42   | 1:00:22 | 5,58   |
| 89    | 939      | Kämmerer, Florian   | 86 | DEU | Praxis am Wall                | 528    | 702 | 1:02:40 | 1:03:07 | 6,16   |
| 90    | 1122     | Kolodziejewski, Kim | 86 |     | Volkswahl Bund Versicherungen | 534    | 721 | 1:03:38 | 1:04:25 | 6,22   |
| 91    | 790      | Nagda, Hermant      | 82 | DEU | BSG Uhde                      | 539    | 734 | 1:06:24 | 1:06:51 | 6,38   |
| 92    | 1328     | Wehder, Benjamin    | 80 | DEU | BSG Uhde                      | 547    | 753 | 1:10:46 | 1:11:12 | 7,05   |
| 93    | 1150     | Buchmann, Thomas    | 80 | DEU | *Lünen                        | 548    | 755 | 1:16:45 | 1:17:05 | 7,41   |

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### Klassenübersicht

#### Klasse W30

| Platz | Startnr. | Name                  | JG | NAT | Verein/*Ort               | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-----------------------|----|-----|---------------------------|--------|-----|---------|---------|--------|
| 1     | 1385     | Rösler, Vanessa       | 78 |     | LT Bittermark Dortmund    | 4      | 42  | 39:23   | 39:26   | 3,56   |
| 2     | 1685     | Flohr, Patrizia       | 76 | DEU | Tri - Geckos Dortmund     | 5      | 85  | 41:42   | 41:48   | 4,10   |
| 3     | 1380     | Marth, Tanja          | 76 |     | LT Bittermark Dortmund    | 16     | 168 | 44:51   | 44:56   | 4,29   |
| 4     | 1637     | Mazurek, Nicole       | 76 | DEU | Die Continentale          | 18     | 185 | 45:21   | 45:25   | 4,32   |
| 5     | 1186     | Hercher, Anja         | 75 | DEU | *Dortmund                 | 20     | 205 | 45:52   | 45:56   | 4,35   |
| 6     | 821      | Eichert, Maren        | 77 | DEU | EDG Bikeshredder Team     | 23     | 252 | 47:17   | 48:05   | 4,44   |
| 7     | 1141     | Bliesener, Julia      | 77 | DEU | *Essen                    | 47     | 366 | 50:09   | 50:15   | 5,01   |
| 8     | 1092     | Gerling, Maïke        | 75 | DEU | Viermärker Dortmund       | 50     | 375 | 50:23   | 50:28   | 5,02   |
| 9     | 1145     | Borré, Christiane     | 75 | DEU | *Bonn                     | 54     | 385 | 50:40   | 50:56   | 5,04   |
| 10    | 1181     | Haverkamp, Nadine     | 79 | DEU | *Dülmen                   | 63     | 416 | 51:35   | 51:50   | 5,10   |
| 11    | 1164     | Eisenstein, Vanessa   | 75 | DEU | *Dortmund                 | 64     | 421 | 51:42   | 52:03   | 5,10   |
| 12    | 793      | Kerstholt, Eva        | 77 | DEU | BSG Wilo                  | 67     | 441 | 52:15   | 52:42   | 5,14   |
| 13    | 1173     | Göge, Constance       | 76 | DEU | *Herdecke                 | 68     | 444 | 52:16   | 52:20   | 5,14   |
| 14    | 923      | Bitthöfer, Tatjana    | 75 | DEU | LT Wischlingen Dortmund   | 73     | 459 | 52:42   | 53:00   | 5,16   |
| 15    | 1134     | Adamek, Madlen        | 76 | DEU | *Meinerzhagen             | 98     | 539 | 55:09   | 55:24   | 5,31   |
| 16    | 1024     | Koch, Anke            | 75 | DEU | Signal Iduna              | 101    | 546 | 55:15   | 55:35   | 5,32   |
| 17    | 1179     | Hardenacke, Daniela   | 79 | DEU | *Limburg                  | 103    | 549 | 55:22   | 55:40   | 5,32   |
| 18    | 1309     | Wieczorek, Alba       | 76 | SLV | *Dortmund                 | 114    | 582 | 56:46   | 57:38   | 5,41   |
| 19    | 971      | Schmolke, Nina        | 79 | DEU | Ruhrnachrichten           | 122    | 602 | 57:22   | 57:29   | 5,44   |
| 20    | 1144     | Bombeck, Stephanie    | 78 | DEU | *Dortmund                 | 124    | 606 | 57:26   | 58:09   | 5,45   |
| 21    | 1084     | Voshage, Inga         | 79 | DEU | Viermärker                | 144    | 647 | 58:54   | 59:25   | 5,53   |
| 22    | 777      | Zuschlag, Dr. Daniela | 75 | DEU | Auf dem Weg nach New York | 149    | 664 | 59:37   | 1:00:03 | 5,58   |
| 23    | 1143     | Bohle, Svenja         | 77 | DEU | *Dortmund                 | 151    | 666 | 59:38   | 59:43   | 5,58   |
| 24    | 974      | Süper, Stephanie      | 79 | DEU | Ruhrnachrichten           | 157    | 677 | 1:00:21 | 1:00:33 | 6,02   |
| 25    | 1629     | Kopitz, Julie         | 79 | DEU |                           | 159    | 680 | 1:00:54 | 1:01:01 | 6,05   |
| 26    | 996      | Dembski, Nadine       | 78 | DEU | Signal Iduna              | 160    | 681 | 1:00:55 | 1:01:36 | 6,06   |
| 27    | 1005     | Klossek, Margarete    | 79 | DEU | Signal Iduna              | 188    | 726 | 1:04:47 | 1:05:19 | 6,29   |
| 28    | 1202     | Kalipke, Nadine       | 76 | DEU | *Dortmund                 | 194    | 736 | 1:06:52 | 1:07:29 | 6,41   |

#### Klasse W35

| Platz | Startnr. | Name                | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|---------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 1     | 1750     | Rötger, Stefanie    | 72 | DEU | LG Coesfeld                   | 1      | 19  | 36:55   | 36:56   | 3,42   |
| 2     | 1475     | Schöler, Anja       | 71 | DEU | VHS Selm                      | 15     | 167 | 44:51   | 44:59   | 4,29   |
| 3     | 931      | Frauenheim, Nicole  | 73 | DEU | Marathon Soest                | 25     | 257 | 47:23   | 47:25   | 4,44   |
| 4     | 1401     | Bach, Petra         | 71 | DEU | Marathon Mülheim              | 28     | 282 | 48:00   | 48:13   | 4,48   |
| 5     | 1395     | Meinert, Elke       | 70 | DEU | LT Wischlingen Dortmund       | 40     | 328 | 49:15   | 49:37   | 4,56   |
| 6     | 1175     | Grebe, Dr. Melanie  | 70 | DEU | *Dortmund                     | 42     | 344 | 49:31   | 49:35   | 4,57   |
| 7     | 1605     | Rademacher, Ramona  | 71 | D   | KATH. ST.-JOHANNES-GESELL     | 115    | 583 | 56:53   | 57:01   | 5,41   |
| 8     | 1199     | Jansing, Annette    | 72 | DEU | *Datteln                      | 125    | 608 | 57:31   | 57:40   | 5,45   |
| 9     | 1177     | Happe, Birgit       | 71 | DEU | *Dortmund                     | 127    | 610 | 57:32   | 57:36   | 5,45   |
| 10    | 1230     | Matthöf, Susanne    | 71 | DEU | *Waltrop                      | 128    | 611 | 57:32   | 57:42   | 5,45   |
| 11    | 1808     | Reuther, Iris       | 71 | DEU |                               | 133    | 627 | 57:57   | 58:09   | 5,48   |
| 12    | 1176     | Halbroth, Nina      | 72 | DEU | *Dortmund                     | 135    | 629 | 57:59   | 58:34   | 5,48   |
| 13    | 992      | Becher, Martina     | 70 | DEU | Signal Iduna                  | 138    | 634 | 58:27   | 58:35   | 5,51   |
| 14    | 1215     | Kuhles, Daniela     | 74 | DEU | *Dortmund                     | 150    | 665 | 59:38   | 59:43   | 5,58   |
| 15    | 843      | Gross, Dr. Michaela | 70 |     | KATH. ST.-JOHANNES-GESELL     | 152    | 668 | 59:43   | 1:00:22 | 5,58   |
| 16    | 1070     | Faßbender, Melanie  | 73 | DEU | VHS Selm                      | 158    | 679 | 1:00:54 | 1:01:32 | 6,05   |
| 17    | 1082     | Spinne, Sandra      | 74 | DEU | VHS Selm                      | 168    | 694 | 1:01:41 | 1:02:19 | 6,10   |
| 18    | 1666     | Böker, Sandra       | 71 | DEU | Laufftreff Stadtkrone Ost     | 186    | 722 | 1:03:53 | 1:04:00 | 6,23   |
| 19    | 1137     | Baltes, Tanja       | 72 | DEU | *Dortmund                     | 195    | 739 | 1:07:06 | 1:07:51 | 6,43   |
| 20    | 1117     | Harbart, Astrid     | 70 |     | Volkswohl Bund Versicherungen | 198    | 742 | 1:07:34 | 1:08:20 | 6,45   |



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### Klassenübersicht

#### Klasse W40

| Platz | Startnr. | Name                      | JG | NAT | Verein/*Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|---------------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 1     | 3        | Doyscher, Uta             | 68 | DEU | bunert Team Dortmund          | 3      | 37  | 38:51   | 38:52   | 3,53   |
| 2     | 1545     | Wilkens, Heike            | 68 | DEU | *Dortmund                     | 6      | 90  | 41:47   | 41:50   | 4,11   |
| 3     | 1809     | Thiel, Barbara            | 66 | DEU | USC Bochum                    | 7      | 92  | 41:58   | 41:59   | 4,12   |
| 4     | 1482     | Mendelin, Karen           | 67 | DEU | Viermärker Dortmund           | 13     | 157 | 44:17   | 44:34   | 4,26   |
| 5     | 1719     | Weinreich, Claudia        | 66 | DEU | *Herdecke                     | 29     | 283 | 48:01   | 48:11   | 4,48   |
| 6     | 1213     | Krell, Ute                | 69 | DEU | *Herdecke                     | 31     | 289 | 48:06   | 48:10   | 4,49   |
| 7     | 822      | Homberger, Natalie        | 68 |     | Enjoy                         | 32     | 294 | 48:15   | 48:19   | 4,50   |
| 8     | 1784     | Nick, Bettina             | 66 | DEU | LG Opelaner                   | 36     | 309 | 48:39   | 48:45   | 4,52   |
| 9     | 804      | Großgarten, Heide         | 65 | DEU | Cuno Berufskolleg Hagen       | 38     | 320 | 48:58   | 49:25   | 4,54   |
| 10    | 1549     | Zurbrüggen, Jantje        | 69 | DEU | *Dortmund                     | 41     | 330 | 49:18   | 49:43   | 4,56   |
| 11    | 1288     | Senftleben, Conny         | 67 | DEU | *Kierspe                      | 46     | 358 | 49:59   | 50:05   | 5,00   |
| 12    | 915      | Ingrid Salomo,            | 65 |     | LT Bittermark Dortmund        | 62     | 414 | 51:27   | 52:00   | 5,09   |
| 13    | 1473     | Link, Conny               | 68 | DEU | VHS Selm                      | 65     | 432 | 52:01   | 52:14   | 5,12   |
| 14    | 922      | Biermann, Claudia         | 66 | DEU | LT Wischlingen Dortmund       | 70     | 449 | 52:19   | 52:38   | 5,14   |
| 15    | 1762     | Ulmer, Anke               | 68 | DEU | Ulmis Blader                  | 76     | 470 | 53:19   | 54:04   | 5,20   |
| 16    | 1279     | Schramm, Dorothee         | 67 | DEU | *Dortmund                     | 79     | 477 | 53:26   | 53:33   | 5,21   |
| 17    | 1169     | Friedrichs, Doris         | 69 | DEU | *Dortmund                     | 83     | 488 | 53:42   | 54:19   | 5,22   |
| 18    | 1151     | Carli, Eva                | 66 | DEU | *Dortmund                     | 90     | 509 | 54:11   | 54:23   | 5,25   |
| 19    | 853      | Krause, Martina           | 67 |     | KATH. ST.-JOHANNES-GESELL     | 92     | 512 | 54:14   | 54:25   | 5,25   |
| 20    | 1069     | Dülberg, Petra            | 65 | DEU | VHS Selm                      | 93     | 515 | 54:18   | 54:26   | 5,26   |
| 21    | 943      | Seedorf, Claudia          | 66 | DEU | Pro Fifty                     | 95     | 527 | 54:45   | 55:15   | 5,29   |
| 22    | 894      | Resing, Gisela            | 65 | DEU | KennadelLakeRunners           | 99     | 543 | 55:12   | 55:33   | 5,31   |
| 23    | 1130     | Tocholski, Anke           | 69 |     | Volkswohl Bund Versicherungen | 100    | 545 | 55:13   | 55:18   | 5,31   |
| 24    | 1178     | Harasimowicz, Mary        | 68 | DEU | *Dortmund                     | 104    | 551 | 55:25   | 55:43   | 5,33   |
| 25    | 1256     | Peters, Tanja             | 69 | DEU | *Herdecke                     | 105    | 555 | 55:35   | 55:40   | 5,34   |
| 26    | 1002     | Hofmann, Elke             | 65 |     | Signal Iduna                  | 107    | 566 | 55:52   | 55:59   | 5,35   |
| 26    | 1015     | Rinke, Sabine             | 68 | DEU | Signal Iduna                  | 107    | 565 | 55:52   | 55:59   | 5,35   |
| 28    | 824      | Scherner, Susanne         | 66 | DEU | Glücksburger Bad              | 110    | 573 | 56:22   | 56:56   | 5,38   |
| 29    | 1000     | Godzinski-Frank, Michaela | 69 | DEU | Signal Iduna                  | 117    | 586 | 56:55   | 57:27   | 5,42   |
| 30    | 878      | Schenk, Anke              | 65 |     | KATH. ST.-JOHANNES-GESELL     | 119    | 592 | 57:04   | 57:12   | 5,42   |
| 31    | 1231     | Mechnig, Silke            | 68 | DEU | *Dortmund                     | 121    | 598 | 57:17   | 57:46   | 5,44   |
| 32    | 1022     | Wölfelschneider, Heide    | 65 | DEU | Signal Iduna                  | 126    | 609 | 57:31   | 57:59   | 5,45   |
| 33    | 1118     | Heine, Nicola             | 66 |     | Volkswohl Bund Versicherungen | 131    | 621 | 57:48   | 58:16   | 5,47   |
| 34    | 925      | Holste, Sabine            | 69 | DEU | Marathon Mülheim              | 134    | 628 | 57:57   | 58:19   | 5,48   |
| 35    | 798      | Frank, Claudia            | 68 | DEU | bunert Team                   | 140    | 638 | 58:35   | 58:48   | 5,52   |
| 36    | 776      | Meyerratken, Beate        | 66 | DEU | Auf dem Weg nach New York     | 148    | 663 | 59:37   | 1:00:03 | 5,58   |
| 37    | 990      | Aszmann, Kirsten          | 68 | DEU | Signal Iduna                  | 154    | 670 | 59:56   | 1:00:28 | 6,00   |
| 38    | 1148     | Brinkmann, Sabine         | 67 | DEU | *Dortmund                     | 169    | 695 | 1:01:53 | 1:02:31 | 6,11   |
| 39    | 1090     | Brentrup, Gundula         | 66 | DEU | Viermärker Dortmund           | 179    | 712 | 1:03:11 | 1:03:45 | 6,19   |
| 40    | 1313     | Zahn, Babara              | 65 | DEU | *Dortmund                     | 187    | 724 | 1:04:08 | 1:04:47 | 6,25   |
| 41    | 933      | Glück, Corinna            | 66 | DEU | Netzwerk Gesundheit e.V.      | 196    | 740 | 1:07:28 | 1:08:10 | 6,45   |

## 10km Gesamtergebnis

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### Klassenübersicht

#### Klasse W45

| Platz | Startnr. | Name                       | JG | NAT | Verein*/Ort                     | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|----------------------------|----|-----|---------------------------------|--------|-----|---------|---------|--------|
| 1     | 1550     | Saalbach, Elke             | 62 | DEU | LC Rapid Dortmund               | 10     | 124 | 43:07   | 43:10   | 4,19   |
| 2     | 1335     | Franz, Ute                 | 60 | DEU | DJK Ewaldi Aplerbeck            | 17     | 175 | 44:58   | 45:03   | 4,30   |
| 3     | 1405     | Schmiedel, Christiane      | 64 | DEU | Marathon Mülheim                | 19     | 187 | 45:23   | 45:31   | 4,32   |
| 4     | 1264     | Richter, Elke              | 60 | DEU | *Dortmund                       | 37     | 312 | 48:46   | 49:04   | 4,53   |
| 5     | 1329     | Wehder-Krolik, Claudia     | 60 | DEU | BSG Uhde                        | 44     | 353 | 49:47   | 50:09   | 4,59   |
| 6     | 818      | Rost, Sabine               | 61 | DEU | DJK Ewaldi Aplerbeck            | 48     | 367 | 50:09   | 50:29   | 5,01   |
| 7     | 944      | Thiem-Müller, Dr. Gabriele | 62 | DEU | PV Triathlon Witten             | 49     | 368 | 50:11   | 50:27   | 5,01   |
| 8     | 1200     | Jordan, Tatjana            | 63 | DEU | *Dortmund                       | 51     | 378 | 50:26   | 51:02   | 5,03   |
| 9     | 815      | Fehrmann, Uta              | 63 | DEU | DJK Ewaldi Aplerbeck            | 71     | 456 | 52:40   | 53:13   | 5,16   |
| 10    | 1567     | Strenger, Ulla             | 62 | D   | KATH. ST.-JOHANNES-GESELL       | 74     | 465 | 52:53   | 53:24   | 5,17   |
| 11    | 1483     | Neye-Wolff, Martina        | 60 | DEU | Viermärker Dortmund             | 75     | 468 | 53:05   | 53:28   | 5,19   |
| 12    | 1722     | Selzer, Martina            | 61 | DEU | Stadt Dortmund                  | 77     | 472 | 53:21   | 53:42   | 5,20   |
| 13    | 1098     | Kube-Schraa, Bianca        | 60 | DEU | Viermärker Dortmund             | 78     | 476 | 53:26   | 53:45   | 5,21   |
| 14    | 916      | Kegalj, Silvana            | 62 | DEU | LT Bittermark Dortmund          | 81     | 480 | 53:32   | 54:06   | 5,21   |
| 15    | 999      | Glatz, Heidi               | 64 | DEU | Signal Iduna                    | 82     | 484 | 53:35   | 53:45   | 5,22   |
| 16    | 820      | Schmelz, Marianne          | 61 | DEU | Dortmund                        | 87     | 502 | 54:06   | 54:09   | 5,25   |
| 17    | 1247     | Niehues, Daniela           | 60 | DEU | Radiergummiliga.de              | 89     | 507 | 54:09   | 54:22   | 5,25   |
| 18    | 775      | Banaszynski, Heike         | 63 | DEU | audalis                         | 94     | 519 | 54:23   | 54:35   | 5,26   |
| 19    | 1661     | Rademacher, Martina        | 60 | DEU |                                 | 97     | 530 | 54:55   | 55:34   | 5,30   |
| 20    | 1700     | Weigelt, Monika            | 64 | DEU | Brackeler Gewerbeverein         | 113    | 581 | 56:46   | 57:04   | 5,41   |
| 21    | 1056     | Ahrend, Martina            | 62 | DEU | Tus Westfalia Hombbruch         | 120    | 596 | 57:16   | 57:25   | 5,44   |
| 22    | 1187     | Hesse, Beate               | 61 | DEU | *Dortmund                       | 139    | 636 | 58:29   | 58:38   | 5,51   |
| 23    | 1555     | Albuscheit, Christiane     | 61 | D   | TUS Westfalia Hombbruch Triathl | 141    | 640 | 58:37   | 58:49   | 5,52   |
| 24    | 1060     | Kehrbaum, Monika           | 64 | DEU | Tus Westfalia Hombbruch         | 142    | 641 | 58:37   | 58:50   | 5,52   |
| 25    | 861      | Loch, Sabine               | 62 | DEU | KATH. ST.-JOHANNES-GESELL       | 147    | 660 | 59:30   | 59:55   | 5,57   |
| 26    | 1638     | Schönherr-Würpel, Susanne  | 61 | DEU |                                 | 156    | 672 | 59:58   | 1:00:25 | 6,00   |
| 27    | 976      | Wiczorek, Ulrike           | 61 | DEU | Ruhrnachrichten                 | 165    | 689 | 1:01:09 | 1:01:42 | 6,07   |
| 28    | 819      | Poinsitt, Christine        | 63 | AUT | Dortmund                        | 171    | 699 | 1:02:17 | 1:02:37 | 6,14   |
| 29    | 1107     | Soleta, Josefine           | 63 | DEU | Viermärker Dortmund             | 173    | 704 | 1:02:44 | 1:03:18 | 6,16   |
| 30    | 1239     | Möller, Angela             | 61 | DEU | *Dortmund                       | 174    | 705 | 1:02:47 | 1:02:52 | 6,17   |
| 31    | 1106     | Schütte, Margret           | 61 | DEU | Viermärker Dortmund             | 176    | 707 | 1:02:47 | 1:03:22 | 6,17   |
| 32    | 1097     | Krause, Barbara            | 64 | DEU | Viermärker Dortmund             | 180    | 713 | 1:03:11 | 1:03:45 | 6,19   |
| 33    | 1663     | Pekel, Petra               | 62 | DEU |                                 | 183    | 717 | 1:03:14 | 1:03:27 | 6,19   |
| 34    | 1235     | Meschke, Vera              | 60 | DEU | *Dortmund                       | 185    | 719 | 1:03:35 | 1:04:15 | 6,22   |
| 35    | 812      | Hoppe, Jutta               | 63 | DEU | die düppies                     | 191    | 731 | 1:05:32 | 1:05:54 | 6,33   |
| 36    | 1083     | Wüllhorst, Helga           | 61 | DEU | VHS Selm                        | 193    | 733 | 1:05:39 | 1:06:20 | 6,34   |
| 37    | 1306     | Weiß, Susanne              | 64 | DEU | *Dortmund                       | 201    | 746 | 1:09:06 | 1:09:38 | 6,55   |
| 38    | 940      | Lehmann, Dr. Barbara       | 61 | DEU | Praxis am Wall                  | 202    | 749 | 1:09:45 | 1:10:12 | 6,59   |

#### Klasse W50

| Platz | Startnr. | Name                  | JG | NAT | Verein*/Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-----------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 1     | 1391     | Nowotny-Hupka, Rita   | 59 | DEU | LT Wischlingen                | 11     | 131 | 43:16   | 43:20   | 4,20   |
| 2     | 1332     | Ellmann, Regina       | 57 | DEU | currimus e.V. Schlangen       | 24     | 255 | 47:23   | 47:31   | 4,44   |
| 3     | 1081     | Spinn, Marlies        | 55 | DEU | VHS Selm                      | 27     | 274 | 47:44   | 47:54   | 4,46   |
| 4     | 1551     | Langenhorst, Anne     | 57 | D   |                               | 30     | 286 | 48:04   | 48:22   | 4,48   |
| 5     | 1749     | Freitag, Evelyne      | 57 | DEU | *Lünen                        | 34     | 305 | 48:36   | 48:42   | 4,52   |
| 6     | 1064     | Althoff, Hedwig       | 55 | DEU | VHS Selm                      | 91     | 511 | 54:13   | 54:24   | 5,25   |
| 7     | 1708     | Moule, Petra          | 58 | DEU | LT Wischlingen                | 106    | 556 | 55:38   | 55:58   | 5,34   |
| 8     | 1327     | Vogel, Ursula         | 59 | DEU | BSG Uhde                      | 116    | 585 | 56:55   | 57:21   | 5,42   |
| 9     | 1121     | Jockschat, Anneli     | 59 | DEU | Volkswohl Bund Versicherungen | 132    | 622 | 57:51   | 58:18   | 5,47   |
| 10    | 848      | Jechow-Daehler, Rita  | 56 | DEU | KATH. ST.-JOHANNES-GESELL     | 136    | 630 | 58:00   | 58:39   | 5,48   |
| 11    | 947      | Seubert, Christiane   | 58 | DEU | PV-Triathlon Witten           | 155    | 671 | 59:58   | 1:00:00 | 6,00   |
| 12    | 1100     | Mayer, Karin          | 59 | DEU | Viermärker Dortmund           | 163    | 685 | 1:01:06 | 1:01:35 | 6,07   |
| 13    | 789      | Lawrenz, Eva          | 57 | DEU | BSG Uhde                      | 166    | 690 | 1:01:27 | 1:01:40 | 6,09   |
| 14    | 967      | Lümkemann, Karin      | 55 | DEU | Ruhrnachrichten               | 167    | 692 | 1:01:31 | 1:01:36 | 6,09   |
| 15    | 1250     | Ost, Sylvia           | 59 | DEU | *Dortmund                     | 175    | 706 | 1:02:47 | 1:03:06 | 6,17   |
| 16    | 1095     | Hoischen, Sabine      | 59 | DEU | Viermärker Dortmund           | 177    | 708 | 1:02:49 | 1:03:23 | 6,17   |
| 17    | 1105     | Rensinghoff, Gerlinde | 58 | DEU | Viermärker Dortmund           | 181    | 715 | 1:03:13 | 1:03:48 | 6,19   |
| 18    | 1091     | Diederich, Vera       | 56 | DEU | Viermärker Dortmund           | 182    | 716 | 1:03:13 | 1:03:49 | 6,19   |
| 19    | 1651     | Krümmel, Petra        | 55 | DEU | *Dortmund                     | 192    | 732 | 1:05:33 | 1:05:54 | 6,33   |
| 20    | 857      | Lehr, Christine       | 57 | DEU | KATH. ST.-JOHANNES-GESELL     | 207    | 757 | 1:19:06 | 1:19:48 | 7,55   |

#### Klasse W55

| Platz | Startnr. | Name                   | JG | NAT | Verein*/Ort               | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|------------------------|----|-----|---------------------------|--------|-----|-------|--------|--------|
| 1     | 873      | Reinders, Roswitha     | 52 | DEU | KATH. ST.-JOHANNES-GESELL | 56     | 388 | 50:43 | 50:58  | 5,04   |
| 2     | 816      | Hereth-Preuschat, Gabi | 53 | DEU | DJK Ewaldi Aplerbeck      | 72     | 457 | 52:41 | 53:13  | 5,16   |
| 3     | 928      | Schlottmann, Birgit    | 54 | DEU | Marathon Mülheim          | 86     | 500 | 54:02 | 54:08  | 5,24   |

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### Klassenübersicht

#### Klasse W60

| Platz | Startnr. | Name                  | JG | NAT | Verein*/Ort                | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|-----------------------|----|-----|----------------------------|--------|-----|---------|---------|--------|
| 1     | 1196     | Huwald, Ilona         | 47 | DEU | *Vechelede                 | 137    | 631 | 58:04   | 58:07   | 5,48   |
| 2     | 946      | Köster, Ingelore      | 45 | DEU | PV-Triathlon Witten        | 145    | 651 | 59:06   | 59:22   | 5,55   |
| 3     | 1670     | Weber, Gisela         | 47 | DEU | Mac Fit                    | 189    | 728 | 1:05:20 | 1:05:45 | 6,32   |
| 4     | 898      | Beinfuhr, Marie-Luise | 49 | DEU | Klöpffer-Therm GmbH&Co. KG | 199    | 744 | 1:07:49 | 1:07:54 | 6,47   |
| 5     | 783      | Wilczek, Eva          | 46 | DEU | BSG Hilden                 | 200    | 745 | 1:08:32 | 1:09:05 | 6,51   |

#### Klasse W70

| Platz | Startnr. | Name             | JG | NAT | Verein*/Ort         | Gesamt | Pos | Netto | Brutto | Min/km |
|-------|----------|------------------|----|-----|---------------------|--------|-----|-------|--------|--------|
| 1     | 1099     | Lauricks, Ingrid | 37 | DEU | Viermärker Dortmund | 118    | 588 | 56:57 | 57:00  | 5,42   |

#### Klasse WHK

| Platz | Startnr. | Name                      | JG | NAT | Verein*/Ort                   | Gesamt | Pos | Netto   | Brutto  | Min/km |
|-------|----------|---------------------------|----|-----|-------------------------------|--------|-----|---------|---------|--------|
| 1     | 7        | Waltke, Marlene           | 85 | DEU | LG Olympia Dortmund           | 2      | 30  | 37:56   | 37:57   | 3,48   |
| 2     | 1440     | Bähner, Svenja            | 83 | DEU | Tri- Geckos                   | 8      | 98  | 42:23   | 42:29   | 4,14   |
| 3     | 1365     | Schmelz, Alena            | 89 | DEU | LG Olympia Dortmund           | 9      | 104 | 42:26   | 42:27   | 4,15   |
| 4     | 1782     | Görig, Deianira           | 87 | DEU | Bosch                         | 12     | 153 | 44:09   | 44:15   | 4,25   |
| 5     | 1426     | Von Broich, Tami Carolina | 89 | DEU | SG Dortmund                   | 14     | 163 | 44:40   | 44:43   | 4,28   |
| 6     | 988      | Schöber, Sonja            | 85 | DEU | SG Dortmund                   | 21     | 207 | 45:56   | 45:58   | 4,36   |
| 7     | 1506     | Fladda, Marion            | 84 | DEU | *Neuss                        | 22     | 222 | 46:33   | 46:41   | 4,39   |
| 8     | 1419     | Schemmer, Julia           | 86 | DEU | Ruhrnachrichten               | 26     | 263 | 47:33   | 47:53   | 4,45   |
| 9     | 1330     | Lindner, Sarah            | 81 | DEU | BSG Wilo                      | 33     | 296 | 48:15   | 48:25   | 4,50   |
| 10    | 984      | Nowak, Christiane         | 89 | DEU | SG Dortmund                   | 35     | 306 | 48:37   | 48:38   | 4,52   |
| 11    | 1459     | Schubert, Melanie         | 82 | DEU | TuS Iserlohn                  | 39     | 322 | 49:03   | 49:09   | 4,54   |
| 12    | 1797     | Sydow, Lotta              | 88 | DEU | Dortmund-Airport-Laufteam     | 43     | 352 | 49:45   | 50:05   | 4,59   |
| 13    | 1403     | Hetmanski, Nicole         | 89 | DEU | Marathon Mülheim              | 45     | 354 | 49:50   | 50:02   | 4,59   |
| 14    | 1777     | Hanfand, Nicole           | 80 | DEU |                               | 52     | 382 | 50:33   | 50:56   | 5,03   |
| 15    | 986      | Peters, Nele              | 89 | DEU | SG Dortmund                   | 53     | 384 | 50:40   | 50:42   | 5,04   |
| 16    | 1721     | Kreska, Nadine            | 88 | DEU |                               | 55     | 386 | 50:42   | 50:46   | 5,04   |
| 17    | 981      | Harnischmacher, Katrin    | 89 | DEU | SG Dortmund                   | 57     | 390 | 50:49   | 50:51   | 5,05   |
| 18    | 1155     | Dampc, Agatha             | 86 | DEU | *Dortmund                     | 58     | 393 | 50:54   | 51:01   | 5,05   |
| 19    | 987      | Schmitz, Lena             | 89 | DEU | SG Dortmund                   | 59     | 397 | 50:59   | 51:01   | 5,06   |
| 20    | 980      | Bohnenkamp, Linda         | 89 | DEU | SG Dortmund                   | 60     | 398 | 50:59   | 51:01   | 5,06   |
| 21    | 1160     | Droste, Nadine            | 81 | DEU | *Dortmund                     | 61     | 410 | 51:23   | 51:41   | 5,08   |
| 22    | 905      | Lemke, Kathrin            | 84 | DEU | Laufjunkie                    | 66     | 436 | 52:11   | 52:25   | 5,13   |
| 23    | 1217     | Landskröner, Sarah        | 84 | DEU | *Dortmund                     | 69     | 446 | 52:17   | 52:30   | 5,14   |
| 24    | 1300     | Vairavanathan, Sinthuya   | 88 | DEU | *Castrop-Rauxel               | 80     | 478 | 53:27   | 53:58   | 5,21   |
| 25    | 1692     | Trauerlicht, Gia          | 98 | DEU | TB Marterloh                  | 84     | 491 | 53:51   | 53:59   | 5,23   |
| 26    | 989      | Seidel, Christina         | 89 | DEU | SG Dortmund                   | 85     | 496 | 53:58   | 53:59   | 5,24   |
| 27    | 1312     | Wystrach, Yvonne          | 81 | DEU | *Witten                       | 88     | 504 | 54:08   | 54:52   | 5,25   |
| 28    | 1026     | Vieth, Melanie            | 89 | DEU | SSC Hörde                     | 96     | 528 | 54:49   | 55:13   | 5,29   |
| 29    | 1224     | von Lützu, Pia            | 81 | DEU | *Dortmund                     | 102    | 548 | 55:21   | 55:39   | 5,32   |
| 30    | 1262     | Pütz, Maike               | 83 | DEU | *Dortmund                     | 109    | 570 | 56:02   | 56:37   | 5,36   |
| 31    | 957      | Herzberg, Sabrina         | 84 | DEU | Ruhrnachrichten               | 111    | 576 | 56:32   | 56:54   | 5,39   |
| 32    | 955      | Heimken, Alexandra        | 82 | DEU | Ruhrnachrichten               | 112    | 577 | 56:33   | 56:40   | 5,39   |
| 33    | 1174     | Graja, Britta             | 80 | DEU | *Dortmund                     | 123    | 605 | 57:26   | 58:09   | 5,45   |
| 34    | 893      | Zastrau, Katrin           | 86 |     | KATH. ST.-JOHANNES-GESELL     | 129    | 612 | 57:34   | 58:05   | 5,45   |
| 35    | 1270     | Schacke, Gunbritt         | 85 | DEU | *Dortmund                     | 130    | 613 | 57:34   | 58:05   | 5,45   |
| 36    | 998      | Fenske, Jasmin            | 86 | DEU | Signal Iduna                  | 143    | 642 | 58:42   | 59:02   | 5,52   |
| 37    | 877      | Rüppel, Heike             | 85 |     | KATH. ST.-JOHANNES-GESELL     | 146    | 652 | 59:09   | 59:36   | 5,55   |
| 38    | 1286     | Sehl, Annika              | 81 | DEU | *Dortmund                     | 153    | 669 | 59:45   | 1:00:19 | 5,59   |
| 39    | 1011     | Ortloff, Eva              | 81 | DEU | Signal Iduna                  | 161    | 682 | 1:00:55 | 1:01:36 | 6,06   |
| 40    | 858      | Liebig, Nadine            | 82 |     | KATH. ST.-JOHANNES-GESELL     | 162    | 683 | 1:01:00 | 1:01:45 | 6,06   |
| 41    | 1304     | Wegner, Sabrina           | 89 | DEU | *Dortmund                     | 164    | 686 | 1:01:08 | 1:01:59 | 6,07   |
| 42    | 961      | Krüger, Julia             | 80 | DEU | Ruhrnachrichten               | 170    | 698 | 1:02:14 | 1:02:27 | 6,13   |
| 43    | 1745     | Grüner, Cosima            | 88 | DEU | Non-Stop-Ultra Brakel         | 172    | 701 | 1:02:18 | 1:02:33 | 6,14   |
| 44    | 895      | Ludwig, Isabel            | 84 | DEU | Kinderlachen e.V.             | 178    | 710 | 1:02:53 | 1:03:37 | 6,17   |
| 45    | 1276     | Schmidt, Anke             | 86 | DEU | *Unna                         | 184    | 718 | 1:03:34 | 1:04:15 | 6,21   |
| 46    | 1236     | Meschke, Lara             | 89 | DEU | *Dortmund                     | 190    | 729 | 1:05:27 | 1:06:08 | 6,33   |
| 47    | 1127     | Schröer, Elke             | 80 |     | Volkswohl Bund Versicherungen | 197    | 741 | 1:07:34 | 1:08:20 | 6,45   |
| 48    | 941      | Lehmann, Kathrin          | 87 | DEU | Praxis am Wall                | 203    | 750 | 1:09:46 | 1:10:12 | 6,59   |
| 49    | 865      | Neus, Christine           | 86 |     | KATH. ST.-JOHANNES-GESELL     | 204    | 752 | 1:09:56 | 1:10:25 | 7,00   |
| 50    | 827      | Fuß, Angela               | 81 | DEU | Hobbyjoggerin                 | 205    | 754 | 1:11:12 | 1:11:45 | 7,07   |
| 51    | 1242     | Müller, Denise            | 82 | DEU | *Lünen                        | 206    | 756 | 1:16:47 | 1:17:05 | 7,41   |